# TESLIN POST



Village of Teslin Box 130 Teslin, YT YOA 1B0

Phone: (867) 390-2530 Fax: (867) 390-2104 Office Hours: 8am-5pm

To reach:

Shelley Hassard, CAO shelley.hassard@teslin.ca

Matthias Liniger, Treasurer matthias.liniger@teslin.ca

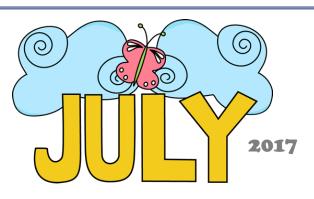
Cole Hunking, Public Works Foreman cole.hunking@teslin.ca

Kelsey Hassard, Recreation Programmer teslinrec@teslin.ca

Rose Ann Cardenas, Admin Assistant admin.teslin@teslin.ca



Visit us at **www.teslin.ca** 



What's inside?

- Council Minutes
- Administration Report
- Public Notices / Announcements
- Teslin Recreation (Activities & Events)
- Photos
- Sun Safety: Summer
   Protection for Eyes and
   Skin
- 10 Easy way to make your backyard more fun



Gateway to the Southern Lakes



May 08, 2017 Regular Council Meeting Minutes

**Meeting #08 - 17** 

Members Present: Mayor Clara

Mayor Clara Jules Councilor Gord Curran Councilor Denise Johnston Councilor Lance Saligo Councilor Trevor Sallis

Member Absent: None Public Present: Cpl. Geoff Peter Mayor Clara Jules called the meeting to order at 7:30 p.m.

#### 1. Adoption of Agenda

1.1. Adoption of the Agenda for May 8, 2017.

#### 37-08-17

Moved by Councilor L. Saligo; Seconded by Councilor D. Johnston; **BE IT RESOLVED that** Village Council adopted the agenda for May 8, 2017 with the following additions: 3.1 RCMP Report - April 2017 7.5 TRRC - Grizzly Bear Management Plan Survey 10.2 AYC - Resolutions for Debate at the 2017 AGM Board Meeting 10.3 AYC Update

#### ~carried~

#### 2. <u>Adoption of Minutes</u>

2.1. Adoption of the Minutes for April 24, 2017 Minutes Enclosed.

#### 38-08-17

Moved by Councilor G. Curran; Seconded by Councilor T. Sallis; **BE IT RESOLVED that** Village Council approved the Minutes of April 24, 2017 as presented.

~carried~

#### 3. <u>Hearing of Delegations and Individuals</u>

- RCMP Report for April 2017
   Cpl. Peters presented the April 2017 Mayor's/Chief's report to Council.
- 4. <u>Reports and Recommendations of Boards Established by Council</u>
- 5. <u>Reports from Village Administration, Standing or Special Committees of</u>



Meeting #08-17

#### Council

- 5.1. CAO Report for April 2017 Information.
- 5.2. Recreation Report for April 2017 Information.

#### 6. <u>Receipt of Notice of Motion to be considered at a Subsequent Meeting of Council</u>

#### 7. Consideration of Items of Correspondence

- Yukon Government Budget Highlights 2017 to 2018. Information.
- 7.2. Yukon Party Response to 2017 to 2018 Budget. Information.
- 7.3. NDP- Response to 2017 to 2018 Budget. Information.
- Minister Streicker National Aboriginal Day Act. Information.
- 7.5. TRRC Grizzly Bear Management Plan Survey Information.

#### 8. <u>Consideration of Items of Accounts Payable by Village</u>

8.1. April 2017 Accounts Payable

#### 39-08-17

Moved by Councilor G. Curran; Seconded by Councilor L. Saligo; **BE IT RESOLVED that** Village Council approved the April 2017 Accounts Payable in the amount of \$138,786.19 as presented.



#### Meeting #08-17

#### 9. Introduction and Consideration of By-laws

 9.1. First and Second Reading of Teslin Volunteer Fire Department Bylaw#17-223

#### 40-08-17

Moved by Councilor T. Sallis;

Seconded by Councilor L. Saligo;

**BE IT RESOLVED that** Village Council had a First and Second Reading of Teslin Volunteer Fire Department Bylaw#17-223.

~carried~

#### 10. <u>New and Unfinished Business</u> Councilor Curran declared a conflict of interest and left the meeting.

10.1. Award of Project Management for Connector Road

#### 41-08-17

Moved by Councilor T. Sallis; Seconded by Councilor D. Johnston;

WHEREAS VOT is a municipality established under the Municipal Act, c. 154, Government of Yukon Statute, 2002 and has the capacity and powers provided under that act; and

WHEREAS VOT will be receiving funding on behalf of TTC and VOT from the Yukon Government ("YG") for Teslin Airport Connector Road project known as the "Teslin Connector Project", the details, budget and timelines for which are described in the funding agreement between VOT and YG (the "YG Contribution Agreement") (collectively the Teslin Airport Connector Road"); and

WHEREAS VOT and TTC wish to manage the project locally, but does not have the in house capacity or resources to manage the project; and

WHEREAS in support of the Joint Council Resolution dated December 5, 2016 VOT and TTC whishes Deslin Development Corporation (DDC), a locally based economic development agency, to contract for and provide General Project Management Services, including general administration, procurement, contracting, specialized human resources, technical services and safety services for the project; and



Meeting #08-17

WHEREAS VOT wishes to award the contract to DDC on sole source basis and the amount of contract is 12% of the funding received from YG for the project, which YG has advised will be over certain sole source contracting thresholds unless sole sourcing has been considered approved by VOT Council; and

WHEREAS VOT has considered arrange of factors, including time constraint, the benefits of local project management for the project and the community; the experienced management team assembled by DDC drawing upon local expertise, and potential cost savings; and

WHEREAS YG and VOT intend to deliver this project through a fair and transparent approach and YG has recommended this approval process.

NOW THEREGORE BE IT RESOLVED that VOT approve a sole-sourced contract with DDC for the provision of the services described up to the stipulated maximum amount, under the terms presented.

#### ~carried~

Councilor Curran returned to the meeting.

- 10.2. AYC Resolutions for Debate at the 2017 AGM Board Meeting Council reviewed the resolutions going forward to the AYC Annual General Meeting in Faro.
- AYC Update Councilor Curran gave a verbal update on issues being discussed at AYC.
- 11. Question Period
- 12. Closed Session

#### 13. <u>Scheduled meetings and other important dates for Council</u>

13.1. Scheduled Meetings

#### 14. <u>Adjournment</u>

Meeting adjourned at 8:50 p.m.





May 23, 2017 Regular Council Meeting Minutes

**Meeting # 09 - 17** 

Members Present: Mayor Clara Jules Councilor Gord Curran Councilor Lance Saligo Councilor Trevor Sallis

Member Absent: Councilor Denise Johnston Public Present: None Mayor Clara Jules called the meeting to order at 7:30 p.m.

#### 1. Adoption of Agenda

1.1. Adoption of the Agenda for May 23, 2017.

#### 46-09-17

Moved by Councilor G. Curran; Seconded by Councilor L. Saligo; BE IT RESOLVED that Village Council adopted the Agenda for May 23, 2017 as presented.

#### ~carried~

#### 2. Adoption of Minutes

2.1. Adoption of the Minutes for May 8, 2017 Minutes Enclosed.

47-09-17 Moved by Councilor T. Sallis; Seconded by Councilor G. Curran; BE IT RESOLVED that Village Council approved the Minutes of May 08, 2017as presented.

~carried~

- 3. <u>Hearing of Delegations and Individuals</u>
- 4. <u>Reports and Recommendations of Boards Established by Council</u>

#### 5. <u>Reports from Village Administration, Standing or Special Committees of</u> <u>Council</u>

5.1. April 2017 Financial Statements

48-09-17 Moved by Councilor T. Sallis; Seconded by Councilor G. Curran;



#### Meeting #09–17

May 23, 2017

BE IT RESOLVED that Village Council approved the April 2017 Financial Statements as presented.

~carried~

5.2. 2016 Audit Report Letter

49-09-17

Moved by Councilor L. Saligo; Seconded by Councilor T. Sallis; BE IT RESOLVED that Village Council reviewed and accepted the 2016 Audit letter from BDO.

#### ~carried~

5.3. 2016 Audit Management Letter

50-09-17 Moved by Councilor G. Curran; Seconded by Councilor L. Saligo; BE IT RESOLVED that Village Council reviewed and accepted the 2016 Audit Management Letter from BDO.

~carried~

#### 6. Receipt of Notice of Motion to be considered at a Subsequent Meeting of Council

#### 7. Consideration of Items of Correspondence

- 7.1. Community Dog Care Initiative Council would like to invite Dr. Mary Vanderkop, Chief Veterinary Officer and Jay Lester, Animal Protection Officer to the next Joint Meeting to discuss the Community Dog Care Initiative.
- Minister Streicker National Aboriginal Day Information.

#### 8. Consideration of Items of Accounts Payable by Village

#### 9. Introduction and Consideration of By-laws

 Third and Final Reading of Teslin Volunteer Fire Department Bylaw #17-223

51-09-17 Moved by Councilor G. Curran; Seconded by Councilor T. Sallis; BE IT RESOLVED that Village Council had a Third and Final Reading and adopted the Teslin Volunteer Fire Department Bylaw #17-223.



Meeting #09–17

#### 10. New and Unfinished Business

- April 5th Community Dinner Information.
- 10.2. AYC Update Councilor Curran gave verbal update on the AYC AGM that he, the Mayor, and CAO attended in Faro.
- Crime Stoppers Yukon Deferred to Joint Meeting.
- 10.4. Award Aggregate Supply for Road Upgrade Project

#### 52-09-17

Moved by Councilor G. Curran; Seconded by Councilor T. Sallis; WHEREAS VOT is a municipality established under the Municipal Act, c. 154, Government of Yukon Statute, 2002 and has the capacity and powers provided under that act; and

WHEREAS VOT will be receiving funding from the Yukon Government ("YG") for the completion of a Road upgrade project known as the "Teslin Road Upgrades Project" the details, budget and timelines for which are described in the funding agreement between VOT and YG (the "YG Contribution Agreement") (collectively the "Teslin Road Upgrades Project); and

WHEREAS the funding agreement states that upon signing Teslin will be responsible for entering a contractual arrangements for supply of 16mm and 20mm aggregate; and

WHEREAS VOT wishes to award the contract to Deadman Creek Enterprises on a sole source basis and the amount of contract is up to a maximum amount of \$160,000 which YG has advised will be over certain sole source contracting threshold unless sourcing has been considered and approved by VOT Council; and

WHEREAS VOT has considered a range factors, including time constrain, value for money; and

WHEREAS YG and VOT intend to deliver this project through a fair and transparent approach and YG has recommended this approval process.

NOW THEREFORE BE IT RESOLVED that VOT approves a sole-sourced contract with Deadman Creek Enterprises for the supply of 16mm and 20mm aggregate up to the stipulated maximum amount, under the terms presented.



#### Meeting #09–17

10.5. Award BST Supply and Placement for Upgrade Project

53-09-17 Moved by Councilor T. Sallis; Seconded by Councilor G. Curran; WHEREAS VOT is a municipality established under the Municipal Act, c. 154, Government of Yukon Statute, 2002 and has the capacity and powers provided under that act; and

WHEREAS VOT will be receiving funding from the Yukon Government ("YG") for the completion of a Road upgrade project known as the "Teslin Road Upgrades Project" the details, budget and timelines for which are described in the funding agreement between VOT and YG (the "YG Contribution Agreement") (collectively the "Teslin Road Upgrades Project); and

WHEREAS the funding agreement states that upon signing Teslin will be responsible for entering a contractual arrangement for supply and placement of BST; and

WHEREAS VOT wishes to award the contract to Skookum Asphalt Ltd. on a sole source basis and the amount of contract is up to a maximum of \$200,000, which YG has advised will be over a certain sole source contacting threshold unless the sourcing has been considered and approved by VOT Council; and

WHEREAS VOT has considered a range of factors, including time constraints, value for money; and

WHEREAS YG and VOT intend to deliver this project through a fair and transparent approach and YG recommended this approval process.

NOW THEREFORE BE IT RESOLVED that VOT approves a sole-sourced contract with Skookum Asphalt Ltd. for the supply and placement of BST to the stipulated maximum amount, under the terms presented.

#### ~carried~

10.6. Arctic Inspiration Prize - Becoming an Ambassador

54-09-17 Moved by Councilor G. Curran; Seconded by Councilor L. Saligo; BE IT RESOLVED that Village Council become an Ambassador for the Arctic Inspiration Prize.



Meeting #09-17

May 23, 2017

#### 11. Question Period

Mayor Jules gave a verbal update on the H. Pylori Project.

#### 12. Closed Session

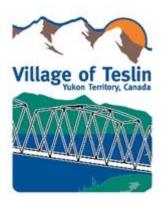
#### 13. Scheduled meetings and other important dates for Council

13.1. Scheduled Meetings

#### 14. Adjournment

Meeting adjourned at 8:30 p.m.





Mayor Clara Jules Received the HANSEATIC AWARD at the AYC Meeting in Faro

Mayor Clara Jules is this year's Hanseatic Award recipient. The award, sponsored by Skookum Asphalt, is AYC's highest honor and was presented at the 42nd Annual Conference in Faro.

The Hanseatic Award was established in 1997 to provide municipal leaders an opportunity to recognize the work of their peers. The award is presented to "A person who has made an outstanding contribution to the advancement of Yukon municipal government and furthered the goals of the Association of Yukon Communities.







<u>Prepared by:</u> Shelley Hassard, CAO Cole Hunking, Public Works Foreman

#### **TESLIN ROADS**

All roads are in summer driving condition we have done some patching and will continue as needed throughout the summer. We are working with DDC on the planning and start-up of our road (BST) project. We will be placing BST on Dream Ave (Airport Subdivision), Remaining streets in the new Sawmill Road Subdivision and Fox Point.

#### SOLID WASTE FACILITY (LANDFILL)

To comply with our new waste management permit, we have done some upgrades to our transfer station these upgrades also make it more user-friendly. The new bylaw has been passed by Council and the new fees were in effect January 2017. The landfill fees and fines are listed in the Teslin Post, available at the Village office, posted at the landfill and on our website. If you would like to review the bylaw please stop by or call the Village Office.

Over the next few months we will be implementing the new bin system at the landfill; construction waste, metal, and appliance areas of the landfill will be closed to the public and the public will drop these waste streams into designated bins that are setup near the household waste bin. Arrangements can be made with the Village office for commercial vehicles to continue have access to the designated areas.

An average of one refuse bin a week is being sent to Whitehorse landfill for disposal. Everyone is encouraged to do recycling at home and at work to reduce the amount of material that goes to the landfill.

#### LAGOON AND SEWER SYSTEM

All systems are in good working order. Please be aware and careful on what is being flushed down the system.

#### WATER QUALITY/ WATER DELIVERY

The new Water Treatment Plant (WTP) is in good working condition and we are planning some regular maintenance for the summer months. The annual water report is due at the end of March we are compiling information and will have the report to the water board by the end of the month

Please ensure that pathways to the water fill spouts are clear and sanitary for safe water delivery. Please notify us if you will be away and not requiring water delivery. Kindly ensure that spouts & tank whistles are in good working order and lids closed to help avoid water overflow.

We have trained more staff on our water truck and delivery system so we have a few backup operators to help ensure our delivery system operates smoothly.

Please keep your driveway accessible for the water truck.





#### DOG CONTROL

We have received some complaints and concerns about dogs running at large. Please ensure your pets are secure on your property. We take these reports very serious and are actively pursuing loose dogs, our public works staff do patrol for stray dogs 7 days a week! If you have stray dogs wandering on your property, please call the Village office.

The Yukon Government has announced a new community dog spay program which began Aug. 1<sup>st</sup>, the project will provide \$ 250.00 per spay surgery of one female dog, per dog owner in rural communities. Teslin Tlingit Council and Village of Teslin have created a program to enhance the YG program by assisting residents with neutering male dogs. The joint Councils will provide up to \$ 250.00 to residents of Teslin for one male dog. Please call the Village office for more information and to make arrangements to use this program.

#### **RECREATION BUILDINGS**

We are busy preparing the schedule for summer activities, a package with information on summer camps will be sent home with the kids. Check out Teslin recreation Facebook page, the recreation calendar, and posters around town for programming and events.

We have completed some minor renovations in our buildings to add some more storage space.

We have been busy planning and organizing Canada day come out and enjoy the festivities.

#### OTHER

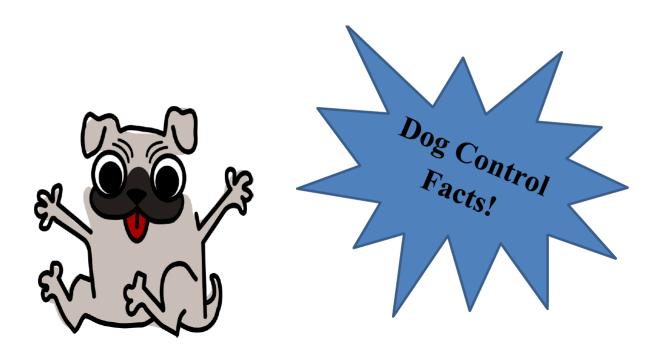
We have a list of 38 Vehicles to be pickup from around town and taken to the landfill! We are still picking up vehicles so you still have a chance to get a vehicle on the list if you need.

Our 2016 audited financial statements are available for viewing at the Village of Teslin office.

911 is working in Teslin if you have a fire emergency you can call 911 or 390-2222 to reach our volunteer fire department.

Shelley Hassard, CAO Cole Hunking, Public Works foreman





All dogs must be licensed with the Village Of Teslin. There are two programs sponsored by YG & TTC/VOT to assist dog owners with the vet bill to have your dog spayed or neutered. Dogs running at large (off their property & not with the owner) will be picked up by the Village of Teslin. We only hold dogs in our pound for 3 business days after that the dog will be relocated or re-homed.

#### Pound Fees

Licensed Dog – First offense \$75.00

Unlicensed Dog- First offense \$100.00 plus the purchase of a license \$80.00

#### Cost of License

Not spayed or neutered - \$80.00

Spayed or neutered -FREE

#### Please Note

Citizens can catch & hold any dog that is running at large & turn the dog over to the Village Of Teslin For more information please contact the Village Of Teslin

Phone: 867-390-2530

Email: admin.teslin@teslin.ca

#### June 2017 Recreation Report

I hope everyone is enjoying their summer and are staying safe!

This month we celebrated National Health and Fitness Day on June 3<sup>rd</sup>! We held a family scavenger hunt and tug of war in the park. Congratulations to Denae, Xavier, Caitlin, and Mary Jane for winning first prize in the scavenger hunt and thank you to everyone who came out to participate.

On June 16<sup>th</sup> we took our Born to Fly group to Faro for two nights of camping and fun. The girls hung out with the girls group in Faro, went swimming, made some new friends, and played lots of fun games. A huge thank you to the recreation department in Faro especially Grace Bowers for helping to organize the trip. As well, a big thank you to Mary Johnston for coming with the group to help supervise.

In addition to going to Faro, the girls planted the recreation plot in the community garden and helped decorate the recreation center for Canada Day. It is great to see the girls helping out.

We have officially started our summer programming. We have half day camps four days a week for the months of June and July. The kids are enjoying being outside and trying out our new zorbs! If you see a bunch of kids running around in giant plastic bubbles be sure to come say hi and try them out for yourself! Of course the best part of the half day camps in trying new foods, such as cauliflower pizza. A big thank you to Mira for coming in and cooking with the kids. If you would like to try out the recipe come and see me.

Boys club has a camping trip planned for July that the boys are really looking forward to. For the summer months boys club will be taking place on Wednesday evenings .

Youth club is as active as ever. In the month of June, we had a dance off, karaoke, and a try not to sing challenge. The teens are always coming up with new and fun activities to do.

Seniors social is still going on every Wednesday from 10:00 to 11:30 at the rec center. Stop by for a chat, some dominions, and a coffee !

Badminton is on Thursdays from 7:00 to 9:00 in the rec center. Stop by for a quick game.

We had boot camp for three weeks in June. In those three weeks we got to try out Pound Fit and Danceply. Ask anyone who was in those classes about how much fun they were! Bootcamp will be coming back in July and August! Watch for advertising the dates on our Facebook page and the electronic sign.

As always keep an eye out for the July recreation calendar for new and exciting activities, such as stand up paddle boarding! If you have any questions or concerns or suggestions about programming stop by and see me or give me a call.

News and Highlights from your Recreation Programmer



-- Kelsey Hassard Rec Programmer



Contact Information Email: teslinrec@teslin.ca Phone: 867-335-4250 Facebook: Teslin Recreation











# Born To Fly



# Born To Fly EARO Trip













Teslin Volunteer of the Year



**Congratulations to Candice Maceachen!** 



NOT PLAYING ON PINTEREST

#### **BADMINTON NIGHTS**

Every Thursday 7-9 PM Recplex



We have racquets and all other supplies - just bring yourself!



RUNIWAIK



## Everyone is Welcome!

When: Every Thursday Walkers starts at 5:15 PM Runners starts at 5:30 PM Where: Starts at the Recreation Centre

For questions or concerns, please contact Kelsey Hassard at 335-4250 or teslinrec@teslin.ca



Wednesday at the RecPlex from 10am to 12pm

Come play cards, vísít, and have a good tíme!

If you have any questions or concerns Contact Kelsey at <u>teslinrec@teslin.ca</u> or 867-335-4250



### **BORN TO FLY**

Are you in grades 3 to 8 and interested in being a part of a really cool girls group?

If so then come to the Recreation Centre every Thursday from 6 – 8:30pm to take part in cool activities, games and crafts!

Snacks provided!

Contact Kelsey at <u>teslinrec@teslin.ca</u> or 335-4250 if you have questions!

FUN & GAMES



### H NEW FEES FOR EXERCISE ROOM

1 Time Visit (All ages)	\$5
Youth/Senior (youth up to 1	
1 Month	\$15
3 Months	\$30
1 Year	\$120
Adult (18 – 54 years)	
1 Month	\$30
3 Months	\$60
1 Year	\$240
Family	
1 Month	\$45
3 Month	\$90
1 Year	\$360
	T

All Youth must be accompanied by an adult and an experienced weight room user. Family rate includes up to 2 adults & 2 youth who live in the **same** household.

All users must complete an exercise room waiver before using the exercise room.

#### **Gym Schedule**

Starting June 24, 2017

Sunday: 12:00pm-5:00pm Monday: 8:00am-9:00pm Tuesday: 8:00am-9:00pm Wednesday: 8:00am-9:00pm Thursday: 8:00am-9:00pm Friday: 8:00am-5:00pm Saturday: Closed



If you have any questions contact the Village of Teslin at 390-2530



### YOUTH CLUB

Every Friday in the mezzanine from 8:00 pm to 10:30 pm

Grades 7 to 12

Come hang out, play some games and enjoy some interesting and different games

Snacks provided!





### **Recreation Calendar**

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
25	26	27	28	29	30	01 CANADA DAYI
02	O3 Haif Day Camp 1-5 ages 6 to 11 rec	04 Half Day Camp 1-5 ages 8 to 16 rec	05 Seniors Social 10-11:30 rec Half Day Camp 1-5 ages 6 to 11 rec Boys Club 6 to 8:30 rec	06 Half Day Camp 1-5 ages 8 to 16 rec Badminton 7 to 9 rec Born to Fly 6 to 8:30 rec	07 Youth Club 8-10:30 rec	08
09	<b>10</b> Half Day Camp 1-5 ages 6 to 11 rec	<b>11</b> Half Day Camp 1-5 ages 8 to 16 rec	12 Seniors Social 10-11:30 rec Half Day Camp 1-5 ages 6 to 11 rec Boys Club 6 to 8:30 rec	13 Half Day Camp 1-5 ages 8 to 16 rec Badminton 7 to 9 rec Born to Fly 6 to 8:30 rec Bootcamp 6 to 7 rec	14 Youth Club 8-10:30 rec Stand up Paddle Boarding	15
16	<b>17</b> Half Day Camp 1-5 ages 6 to 11 rec	18 Half Day Camp 1-5 ages 8 to 16 rec	19 Seniors Social 10-11:30 rec Half Day Camp 1-5 ages 6 to 11 rec Boys Club 6 to 8:30 rec	20 Half Day Camp 1-5 ages 8 to 16 rec Badminton 7 to 9 rec Born to Fly 6 to 8:30 rec Bootcamp 6 to 7 rec	21 Youth Club 8-10:30 rec	22
23	24 Dance Camp 9 to 5 rec	25 Dance Camp 9 to 5 rec	26 Dance Camp 9 to 5 rec Boys Club 6 to 8:30 rec	27 Dance Camp 9 to 5 rec Born to fly 6 to 8:30 rec Bootcamp 6 to 7 rec	28 Dance Camp 9 to 5 rec Youth Club 8 to 10:30 rec	29
30	31 Science Camp 9 to 5 rec	Notes:				





### SUN SAFETY: SUMMER PROTECTION FOR EYES AND SKIN

Sun safety is never out of season. While summer can be pleasant after the harsh winter months, it also means that you have to be extra careful about sunburn playing havoc on the hair and skin. Here are some sun safety tips to ensure healthy hair and eyes through the last stretch of this scorching sun....

#### Sun protection for your eyes

When one goes unprotected in the sun, the ultraviolet rays can elevates one's risk of developing eye ailments by damaging the retina. It is general knowledge that UV rays are so damaging that they can lead to macular degeneration later in life, if one is exposed to the sun for long periods of time. Thus, it is never too late to protect your eyes from the harsh effects of the sun. Here's how to do so:

- Make sure you are wearing protective wear, irrespective of whether it is sunny or cloudy.
- Quality sunglasses are an important purchase. These should have 99 to 100 percent of UVA and UVB radiation protection. If possible, go for branded polycarbonate lenses as they only allow 75 to 90 percent visibility, but keep UV rays at bay 100 percent.
- Sunglasses should be free from any kind of distortion or imperfection.
- If you wear spectacles, then wearing grey colored lenses can be your best bet. This is because grey colored lenses do not alter the color of objects and help in providing the most natural color vision.
- Eye protection in the sun is a must for kids and teens too. Make them wear trendy and colorful hats, sunglasses and make sure they apply a good amount of sunscreen under the eyes, before they go out playing.

Source: http://www.indiatimes.com/health/healthyliving/sun-safety-summer-protection-for-eyes-and-skin-238788.html



### SUN SAFETY: SUMMER PROTECTION FOR EYES AND SKIN

#### Sun protection for your skin

Most skin care issues can be prevented in extreme summer months, simply by taking a few important measures. Avoid burns, pre-mature wrinkling, and other skin ailments, by following these steps...

- Avoid sunburn by wearing long sleeved shirts and full pants. If possible, avoid going out in the sun, during the peak afternoon hours.
- Follow the shadow rule: If you go out in the sun, and the shadow is longer than you, then the UV exposure is bearable. However, if the shadow is shorter than you, then the UV exposure is high and one must take optimum care.
- Wear hats with 10 centimeter brims, which will help in covering your neck, ears, eyes and scalp.
- If your child is 6 months or younger, he or she shouldn't be allowed to go out in the sun.
- Use a sun protection factor (SPF) of 15 or higher in order to protect sensitive skin.
- Further, for sensitive skin, use a gel which dries on the skin or go for sunscreen that is free of any kind of chemicals or alcohol content.

Source: http://www.indiatimes.com/health/healthyliving/sun-safety-summer-protection-for-eyes-and-skin-238788.html





Encourage you kids to explore, build, create, or just relax in the outdoors with these fun, creative and inspiring ideas for your lawn.

1. Summer Stage – Inspire imaginative play with these no-sew theater curtains. You'll need 6 yard of red burlap, a clothesline, a clip-on curtain rings. Cut fabric into two 3 yard-long pieces. Fold about 12" down on one end of each piece of burlap and clip curtain rings to the folded edge, equally spaced apart (we used seven rings per curtain). Thread the rings onto your line, then rig the line between two trees. Clips make the curtains easy to put up and take down.





2. Stump Steps - Create this balance challenge with a path of cut logs in varying heights. Contact your local tree trimmer to see if he can donate scraps, or cut them yourself in heights ranging from 2" to 10". Space the stumps far enough apart so kids have to carefully plot each step as they walk the path.

# 10 Easy Way to Make Your Backyard more Fun

3. Rock Spot - Little builders will relish a gravel play area for their trucks and construction vehicles. For a 4'x5' pit we used five 50-pound bags of pea gravel and contained the play area with larger stones and wood. Add small wood planks for ramps and cut branches and sticks for kids to build with.





4. Outdoor Easel - Kids will go chalk wild for this plus-size chalkboard (and you'll be happy to keep the chalk dust outside!). Make your own outdoor chalkboard paint, which will weather better than store-bought paint, by mixing together 2 tablespoons of unsanded tile grout with each cup of exterior latex enamel paint (flat finish) you use. Stir one cup at a time in a container to ensure proper blending. Apply two coats of the paint to a large piece of plywood. Once it's dried, hang the finished drawing station at kid height with heavyduty picture-hanging hardware.

5. Sill Spinner - This alternative to a traditional swing lets kids twist and sway from a high tree branch. Our homemade spinner was crafted from a pair of bike grips, a <sup>7</sup>/<sub>8</sub>" wooden dowel cut to 11" long, and a heavy-duty nylon climbing rope from a sporting-goods

Tip: The spinner should be high enough for your child to reach with arms extended.





6. Boat Racetrack - Kids can race homemade boats down these tracks made from large-hole pool noodles cut in half lengthwise. Use a marker and a yardstick to draw a straight line down the length of the noodle. At each end, measuring tape the а around wrap circumference of the noodle to find the halfway point. Draw a second straight line down the other side of the noodle. Use a utility knife to cut noodles into equal halves. To make sailboats: Cut 1" off one end of a pool noodle. Use scissors to cut this ring in half and then snip it into boat shapes. Cut the boat bottoms so they are flat. Make the sails from duct tape and toothpicks.



Tip: Create a longer track by using duct tape to attach noodles together.



7. Make a Hanging Hideaway - With a few inexpensive materials, you can create an outdoor room that's just right for tea parties, secret club meetings, or games of hide-and-seek.

Direction in making a hanging hideaway http://www.parents.com/fun/activities/outdo or/make-a-backyard-hanging-hideaway/



8. Cook Up Some Fun - Turn an old cabinet, shelf, or bookcase into an outdoor play kitchen just right for mixing up mud pies, clover parfaits, and other nature-based delights. Scour thrift stores and garage sales, as well as your kitchen junk drawer, to outfit it inexpensively with cups, bowls, pots and pans, utensils, measuring cups, spoons, and more. When you're selecting items, let imagination rule the day: plastic drinking glasses in fancy shapes invite mud-slurry concoctions, and a muffin tin can be used for beautiful, leaf-topped miniature cakes.





9. Play Dirty - Sandboxes are great, but a pile of dirt -- easily turned into mud or molded like clay -- might be even better. In this freeplay domain, kids can create a Mars landscape, lead a mission of army men, or use toy earth-moving trucks to, well, move earth.

10. Make A Toad Abode - Here's how to create a miniature piece of real estate that kids can call their own; we think it would also be the perfect vacation home for a toad. Start with plants and mosses that will thrive in a container in your region -- a local nursery can make suggestions. Drill a few drainage holes in the bottom of the container (we used a 24-inch-wide plastic plant saucer), then fill it with potting soil. Seat the plants and moss in the dirt from largest to smallest and add plastic toys and hardware- store finds. Be careful not to overwater your abode.



Source: http://www.parents.com/fun/activities/outdoor/make-your-backyard-more-fun/?slideId=57606

# 6 Cool Summer Drinks

#### Frozen Blueberry Lemonade

#### Ingredients

½ cups blueberries
 1 cup lemonade
 ½ cup fresh mint leaves, plus more for serving
 ¼ cup confectioners' sugar
 3 cups ice

#### Directions

- In a blender, puree the blueberries, lemon, mint, confectioners' sugar and ice until smooth.
- 2. Garnish with mint sprigs



#### Honeydew, Cucumber and Mint Coolers



#### Ingredients

1 honeydew melon (about 4 ponds), peeled and chopped 1 English cucumber , ½ chopped and ½ thinly sliced 1 cup fresh mint leaves

½ cup fresh lime juice (from about 8 lime), plus1 lime thinly sliced for servingSplash of gin (optional)

#### Directions

- 1. Puree the melon, chopped cucumber, and mint in a blender until smooth. Strain into a fine-mesh sieve into a large pitcher.
- Add the lime juice and sliced cucumber. Chill for 30 minutes or up to 12 hours,. Stir well before serving . Served over ice, garnished with lime slices .
- 3. Add a splash of gin, if desired.

Photo by Danny Kim

# 6 Cool Summer Drinks

#### **Ginger Peach Cooler**

#### Ingredients

3 cups ginger ale
½ cup peach nectar
2 ripe peaches, thinly sliced
1 tablespoon grated fresh ginger

#### Directions

- 1. In a pitcher, combine the ginger ale, nectar, peaches, and ginger.
- 2. Serve over ice.



Photo by Charles Masters

#### Jalapeño-Lime Spritzer



#### Ingredients

3 cups club soda
¼ cup fresh lime juice
¼ cup agave nectar
1 lime thinly sliced
1 jalapeño pepper, thinly sliced (seeded if desired)

#### Directions

- In a pitcher combine soda, lime juice, nectar, lime, and jalapeño.
- 2. Serve over ice.

Photo by Charles Masters

# 6 Cool Summer Drinks

#### Pineapple, lime and Coconut Spritzer

#### Ingredients

3 cups pineapple juice
2 cups coconut water
½ cup fresh lime juice (from about 8 limes)
2 cups club soda or sparkling water
½ cup pineapple, cored and cut into spears
Splash of rum (optional).

#### Directions

- Combine the pineapple juice, coconut water, and lime in a large pitcher. Chill for 30 minutes or up to 12 hours.
- 2. Just before serving, add club soda. Serve over ice , garnished with pineapple spear. Add a splash of rum if desired.

Strawberry-Thyme Lemonade



Photo by Danny Kim



#### Ingredients

1 cup sugar

8 sprigs fresh thyme, plus more for serving 1 quart strawberries, hulled and sliced (about 2 ½ cups)

1 ½ cups fresh lemon juice (from about 10 lemons)

5 cups cold water

Splash of vodka (optional)

#### Directions

- Combine the sugar, thyme, and 1 cup water in a small pot. Bring to boil and cook, stirring occasionally, until the sugar is dissolved. Let cool and discard thyme.
- Combine the thyme syrup with strawberries, lemon juice and water in a large pitcher. Chill for 30 minutes or up to 12 hours. Serve over ice, garnished with additional thyme. Add a splash of vodka, if desired.

Photo by Danny Kim

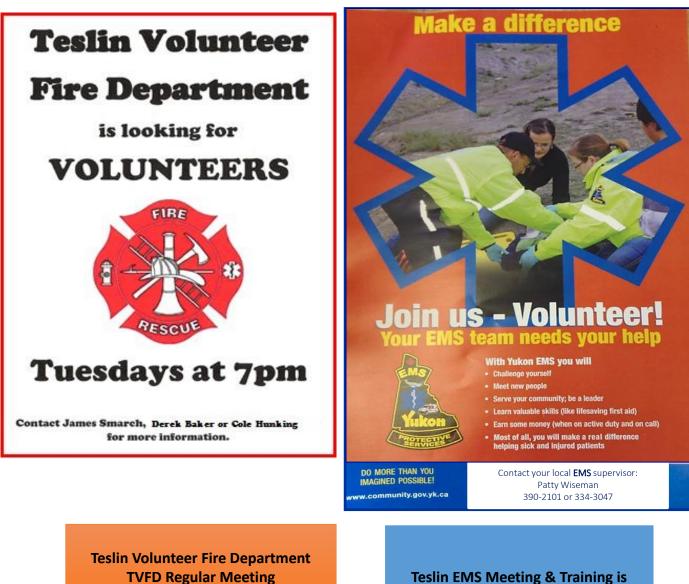


		2	3	6			9	1
5				8		2		
			2				5	
4	5	8			7			
	3						4	
			4			1	8	9
	8				6			
		3		7				5
6	9			1	4	3		

Source: http://www.tbnweekly.com

_								
8	7	2	3	6	5	4	9	1
5	1	4	7	8	9	2	3	6
3	6	9	2	4	1	7	5	8
4	5	8	1	9	7	6	2	3
9	3	1	6	2	8	5	4	7
7	2	6	4	5	3	1	8	9
2	8	7	5	3	6	9	1	4
1	4	3	9	7	2	8	6	5
6	9	5	8	1	4	3	7	2





TVFD Regular Meeting is scheduled every 2<sup>nd</sup> & 4<sup>th</sup> Monday of the month at the Village Fire bay.

Teslin EMS Meeting & Training is scheduled every 1<sup>st</sup> & 3<sup>rd</sup> Tuesday of the month at the Ambulance Bay



#### EMERGENCY PHONE NUMBERS



Call 9-1-1 in an emergency

If you or someone else is hurt or in danger, phone 9-1-1 to get help from RCMP, the fire department or emergency medical services (EMS).

Call 9-1-1 when there is:

- a life-threatening emergency or medical situation
- a crime in progress
- a fire
- a serious accident
- an exposure to, inhalation or swallowing of a poisonous substance

Do not call to test 911. It is working!

8	FIRE (Teslin Volunteer Fire Department)	390 - 2222			
MEDICAL Emergency	AMBULANCE (Teslin Health Center)	390 - 4444			
POLICE	<b>POLICE</b> (RCMP Teslin Detachment)	390 - 5555			
	Northwestel	1-888-423-2333			
	ATCO Yukon Electric Report fallen tree on wire	1-867-633-7000 1-867-633-7039			
	Report wildfires	1-888-798-FIRE (3473)			

#### EMO facts : TTC and VOT have a joint emergency plan.

Emergency plan working group is a group of Individuals from different agencies in Teslin working together to keep our community prepared in case of an emergency.



Thank you very much to all those who contributed to this month's issue, and special thanks to all those who shared their awesome photos.

To receive an electronic copy of the **Teslin Post** and/or if you would like to have something posted in the monthly issue, please email: <u>teslinrec@teslin.ca</u> or <u>admin.teslin@teslin.ca</u>

Any comments, suggestions, ideas, and photos are always welcome.

