Your guide to free and low-cost goods and services

November 2019 A LITTLE OF THE PARTY OF THE PA

anti-pauvreté du Yukon

## **HOW TO USE THIS GUIDE:**

There are 21 sections in this guide and they are listed alphabetically. Organizations and programs are also listed in alphabetical order under each section. Organizations that offer more than one service may be listed in more than one section.

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If your organization, government or agency offers a free or low-cost service to Yukoners and you wish to be included in the next edition of this guide, please contact the Yukon Anti-Poverty Coalition at yukonantipovertycoalition@gmail.com.

## **ADVOCACY & INFORMATION**

# **CLIENT SERVICES Indigenous Services Canada/Crown-Indigenous Relations and Northern Affairs Canada**

122 Elijah Smith Building, 300 Main St.

Provides assistance in the application process for registration under the Indian Act, and assistance with applying for the Secure Certificate of Indian Status. Outside of Whitehorse, First Nations with IRA's (Indian Registry Administrators) can also provide assistance.

Toll-free: 1-800-661-0451 or 867-667-3399 www.aadnc-aandc.gc.ca

## COUNCIL OF YUKON FIRST NATIONS (CYFN) 2166 2nd Ave.

Protects and advances rights, titles and interests of First Nations holding traditional territories in the Yukon.

867-393-9200 www.cyfn.ca

**JORDAN'S PRINCIPLE** Council of Yukon First Nations, 2166 2nd Ave. Aims to ensure First Nation children can access all public services. The government of first contact pays for service and resolves jurisdictional/payment disputes later. The Council of Yukon First Nations (CYFN) is the service coordinator of this program.

Toll-free: 1-833-393-9200 www.cyfn.ca/services/jordansprinciple/

## RESIDENTIAL LANDLORD AND TENANCIES OFFICE

1st Floor, 307 Black St.

Provides information for landlords and tenants about the Yukon Residential Landlord and Tenant Act and provides access to dispute resolution services. Monday to Friday 8:30am to 4:30pm.

Toll-free: 1-800-661-0408 ext. 5944 or 867-667-5944 rto@gov.yk.ca

#### YUKON ANTI-POVERTY COALITION 509 Hanson St.

Facilitates the elimination of poverty in the Yukon through awareness, advocacy, community building, education and action. Hosts Whitehorse Connects and provides housing navigation.

867-334-9317 for information and hours. www.yapc.ca

Yukon Anti-Poverty Coalition

## YUKON CHILD AND YOUTH ADVOCATE OFFICE (YCAO)

#19-2070 2nd Ave.

Promotes the views and rights of children and youth eligible to receive Yukon Government services and programs. The Child and Youth Advocate Office is an independent office of the Legislative Assembly guided by the Child and Youth Advocate Act. Monday to Friday 9am to 5pm.

Toll-free: 1-800-661-0408 ext 5575 or 867-456-5575 www.ycao.ca

Yukon Child & Youth Advocate Office

## YUKON COUNCIL ON AGING - SENIORS' INFO CENTRE

4061B 4th Ave.

Serves as a non-profit advocacy group for Yukoners 55+, lobbying for better living conditions and communicating information about benefits and issues for seniors. Offers a Seniors' Home & Yard Maintenance Program, providing a pool of security-screened workers to assist seniors, elders and persons with disabilities with normal maintenance jobs at affordable rates. Monday to Friday 9am to 1pm.

Toll-free: 1-866-582-9707 or 867-668-3383 www.ycoayukon.com

## BUS

#### **HANDY BUS**

Provides safe and secure transportation for persons who, for a variety of reasons, have difficulty using regular transit service. Required application process. \$2.50 cash fare.

Monday to Friday 6:40am to 9:20pm, Saturday 7am to 7pm.

867-668-8394 Please phone ahead to book. Senior rates available with purchase of tickets or passes.

#### WHITEHORSE TRANSIT

Schedules available online at: www.whitehorse.ca/transit \$2.50 cash fare. Fare is cheaper when a monthly pass is purchased.

867-668-8396

Tickets and passes available at these locations:

- · Tag's Food and Gas
- · Jackpot Lotto & Smoke
- Super A Porter Creek
- · City Hall
- · Canada Games Centre
- Manila's Gifts & Accessories (inside Shopper's Plaza on Main St)
- Copper Ridge Big Way
- · Yukon College book store
- Integra Tire

## CHILDREN & FAMILY SUPPORT

## BOYS & GIRLS CLUB OF YUKON (BGCY) 306A Alexander St.

Provides school-age, parent and young adult programs. The Learning Tree Daycare Centre (located at 95 Lewes Blvd. in Riverdale 867-393-2824 ext.206) hosts Toddler and Pre-school programs Monday-Friday from 7:30am-5:30pm. Financial support is available for all BGCY programs. 867-393-2824 www.bgcyukon.com

#### CANADA GAMES CENTRE 200 Hamilton Blvd.

Offers a wide range of active child and family seasonal programs and drop-in activities. Drop-in rates include access to all drop-in activities for a day. 867-667-4386 www.whitehorse.ca/cgc

#### CHILD AND YOUTH FAMILY TREATMENT TEAM 211 Hawkins St.

Provides a full spectrum of services to meet the needs of children, youth and families in the territory. These services include early intervention, crisis management, assessment, counselling, family therapy and case management for children and youth experiencing mental wellness or substance use challenges. Services include individual counselling, group programs and outreach.

867-456-3838

#### CHILD DEVELOPMENT CENTRE 1000 Lewes Blvd.

Works with families and community members to provide therapeutic services and meet the developmental needs of all Yukon children from birth to 5 years of age. Services are free and confidential.

Monday to Thursday 8am to 4:30pm, Fridays 8am to 4pm.

Closed mid-June to mid-August.

Toll free: 1-866-835-8386 or 867-456-8182 info@cdcyukon.ca www.cdcyukon.ca

Kwanlin Dün: 867-633-7820 Watson Lake: 867-536-5254 Dawson City: 867-993-3028

## FAMILY AND CHILDREN'S SERVICES/CHILD PROTECTION

4114 4th Ave.

Provides support, assistance and counselling for parents and families. Investigates and addresses instances of child abuse and neglect. Monday to Friday 8:30am to 5pm.

Toll-free: 1-800-661-0408 ext. 3002 or 867-667-3002

After hours emergency number: 867-667-3002 www.hss.gov.yk.ca

## FAMILY LITERACY CENTRE (FLC)

2nd Floor in the Canada Games Centre, 200 Hamilton Blvd. Promotes the development of literacy and related life skills through free fun programs for multigenerational family members.

867-668-6535 (office) 867-668-8698 (Canada Games Centre)

## **HEALTHY MOMS, HEALTHY BABIES**

Victoria Faulkner Women's Centre, 503 Hanson St. (Side Door) Provides a registered support program for pregnant women and new parents with babies up to one year of age.

867-667-4134 cpnpwhitehorse@northwestel.net

HealthyMoms HealthyBabies

#### **INUIT CHILD FIRST INITIATIVE**

Indigenous Services Canada, 100 Elijah Smith Building, 300 Main St. Ensures Inuit children have access to the essential government funded health, social and educational products, services and supports they need, when they need them.

Toll-free: 1-866-848-5846

sac.principedejordanrn-nrjordansprinciple.isc@canada.ca

JORDAN'S PRINCIPLE Council of Yukon First Nations, 2166 2nd Ave. Jordan's Principle ensures that all First Nation children living in Canada can access the products, services and supports they need, when they need them. Funding can help with a wide range of health, social and educational needs.

Toll-free: 1-833-393-9200 or 867-393-9200 www.cyfn.ca

Families can also contact Indigenous Services Canada directly with requests for Jordan's Principle at

Toll-free: 1-866-848-5846

sac.principedejordanrn-nrjordansprinciple.isc@canada.ca

## KIDS RECREATION FUND (KRF) Sport Yukon, 4061 4th Ave.

Helps families experiencing financial hardship with the cost of registration fees and equipment for children to participate in organized sport, art, cultural, social and recreational programs.

867-668-4236 news@sportyukon.com www.sportyukon.com

## MAMANS, PAPAS ET BÉBÉS EN SANTÉ

Centre de la francophonie, 302 Strickland St.

Des services en français gratuits durant la grossesse et la période postpartum. Lundi et mercredi de 9 h à 16 h et vendredi de 9h à 11h.

867-668-2663 poste 820 www.lesessentielles.ca

#### PARTNERS FOR CHILDREN

Provides drop-in activities, workshops and other education to adults who live or work with infants and young children up to age six. The aim is for all Yukon children to have the best possible start in life.

867-332-5990 www.partnersforchildren.info

Partners for Children

## TA'AN KWÄCH'ÄN COUNCIL - FAMILY SUPPORT 117 Industrial Rd.

Provides a Family Support Worker to help Ta'an families through a variety of services, including liaising between families and Family and Children Services, court support, referral to counselling and/or treatment, information on activities for families in Whitehorse, and pre/post-natal support.

867-668-3613 ext. 405

## THE TEEN PARENT CENTRE (TPC) 1001B Lewes Blvd.

Provides centralized services to support young mothers in completing their high school education. These include an onsite daycare, classroom and teachers, and a Healthy Moms, Healthy Babies program.

Monday to Friday 8am to 4pm.

867-667-3421 teenparentcentre@gmail.com

## WHOLE CHILD PROGRAM Takhini Elementary School 526 Range Rd.

A school-based family support and recreation program which offers free and confidential support as well as activity evenings.

867-335-2283 wcpyukon@gmail.com

## **CLOTHING**

## CHURCH OF THE NAZARENE 2111 Centennial St.

Offers free clothing.

1st and 3rd Saturday 10am to 12pm.

867-633-4903 www.whitehorsenazarene.org

## LOVE 2 THRIFT Yukon Inn Plaza, 4230 4th Ave.

Provides low-cost clothing and household goods.

Thursday and Friday 11am to 6pm, Saturdays 10am to 4pm.

#### MARY HOUSE 504 Cook St.

Provides adult clothing for emergency situations. Pick up at the door during workday hours.

867-667-7146

#### **OUTREACH VAN**

Provides free clothing for those in need, along with other services. 867-334-1647 call or text to get in contact with the van.

## YOUTH OF TODAY SOCIETY (YOTS) 404C Ogilvie St.

Provides free clothing as part of the drop-in centre. Open to ages 15 to 30. Monday to Friday 3pm to 8pm.

867-633-9687 www.youthoftodaysociety.com

#### HAINES JUNCTION THRIFT STORE

Basement of the Anglican Log Church.

Provides clothing and some household items. Adult clothing \$1, children's clothing \$50.

September to May, the first and last Thursday of the month, 2pm to 6pm. 867-634-2512

#### YUKON TRANSFER STATION FREE STORES

Provides free clothing and goods.

- North: Mayo, Dawson City and Old Crow
- · Central: Ross River
- · Southwest: Destruction Bay and Tagish
- Southeast: Deep Creek, Mt. Lorne and Marsh Lake

Check your municipality for free store hours. Find information about the location and hours of each station at:

 $www.community.gov.yk.ca/cd/solidwaste\_southeast.html$ 

## **COUNSELLING SUPPORT & INFORMATION**

#### AL-ANON/ALATEEN

Provides support groups and services for family and friends of alcoholics. Al-Anon is for adults; Alateen is for youth.

1-604-688-1716 www.bcyukon-al-anon.org

#### **ALCOHOLICS ANONYMOUS**

Provides regular meetings and support for those who wish to stop drinking. 24 hours a day 7 days a week.

Toll-free: 1-888-453-0142

#### **ALL GENDERS YUKON**

Provides an apolitical, confidential support group for transgender, two-spirited, non-binary and intersex individuals and their loved ones. Provides connections for those exploring gender identity or expression, or seeking to connect with the gender diverse community of Yukon. allgendersyukon@hotmail.com

#### **AUTISM YUKON** 108 Copper Rd.

Provides education, support and new diagnosis meetings for individuals on the Autism spectrum, as well as for those who care for and help them. Parents, educators, health professionals and anyone else looking for support are welcome to call for an appointment.

867-667-6406 www.autismyukon.org

#### **BETTER TO KNOW**

Provides free information about sexual health, relationships, drugs and alcohol. Monday to Friday 9am to 9pm.

Toll-free: 1-800-SEX-SENSE (1-800-739-7367) www.bettertoknow.yk.ca

# CANADIAN MENTAL HEALTH ASSOCIATION, YUKON DIVISION 415 Baxter St.

Provides free counselling to individuals, couples and youth. Programming and services include: drop-in counselling on Tuesday afternoons, Living Life to the Full (an 8 week CBT program), a mental health caregivers' support group and workplace mental wellness programming.

1-867-668-6429 admin@yukon.cmha.ca www.yukon.cmha.ca

# CENTRE DE RESSOURCES PARTENARIAT COMMUNAUTÉ EN SANTÉ

Centre de la francophonie, 302 rue Strickland.

Présente des ressources en français sur des sujets relatifs à la santé, incluant aussi la possibilité d'emprunter des trousses en promotion de la santé pour la petite enfance par les membres (gratuit). Le PCS produit aussi un répertoire des professionnels et professionnelles bilingues de la santé qui est disponible au bureau du PCS et en ligne. Le centre de ressources en santé est ouvert du lundi au vendredi, de 9h à 17h.

867-668-2663 ext. 800 www.francosante.org

#### CHRYSALIS ANTI-HUMAN TRAFFICKING NETWORK

COUNSELLING LINE Provides free, confidential phone support services for people who work in the sex trade or who have been trafficked for the purposes of forced commercial sex or labour.

24 hours a day 7 days a week.

Toll-free: 1-866-528-7109

#### **HOSPICE YUKON** 409 Jarvis St.

Provides support and programs to individuals and their families facing a lifethreatening illness, death and grieving. Monday to Friday 11:30am to 3pm. 867-667-7429 www.hospiceyukon.net

#### **INCLUSION YUKON** #7 Yukon Inn Plaza 4230 4th Ave.

Supports adults, teens and children with intellectual disabilities and their families through formal advocacy and public education and awareness. The office provides: direct one-on-one services, supported employment, sexual health and social skills training, and supports teens through transitions out of high school. Monday to Friday 10 am to 3:30 pm.

867-667-4606 www.inclusionyukon.org | f InclusionYukon

#### JACKSON LAKE WELLNESS TEAM 21 McCrimmon Rd.

Provides aftercare support (cultural and spiritual) to people who have attended the Land Based Healing Program, which runs each summer. Assists individuals, families and communities on their healing journeys and assists during family or community crisis as needed.

Monday to Friday 8:30am to 4:30pm.

867-633-2629 www.kwanlindun.com/justice

## LEARNING DISABILITIES ASSOCIATION OF YUKON (LDAY)

128A Copper Rd.

Increases awareness of learning differences, and supporting children, youth and adults with learning difficulties or disabilities. LDAY provides leadership through advocacy, education, programs and services.

Monday to Friday 9am to 4:30pm.

867-668-5167 www.LDAYukon.com

## MAMANS, PAPAS ET BÉBÉS EN SANTÉ

Centre de la francophonie, 302 rue Strickland.

Des services en français gratuits durant la grossesse et la période postpartum. Lundi et mercredi de 9 h à 16 h et vendredi de 9h à 11h.

867-668-2663 poste 820 www.lesessentielles.ca

## MENTAL WELLNESS AND SUBSTANCE USE SERVICES 609 Steele St.

Provides counselling for individuals, families, children and youth who may be experiencing challenges with mental health and/or substance use.

Toll-free: 1-866-456-3838 or 867-456-3838

#### **MENTAL WELLNESS HUBS**

Provides access to a wide range of health and social services including mental wellness support for individuals who have experienced trauma, individual counselling, outreach services, community support and pre- and post-care related to substance use.

- Watson Lake also serves communities of Teslin, Carcross and Tagish
- Carmacks also serves communities of Pelly Crossing, Ross River and Faro
- · Dawson City also serves communities of Old Crow and Mayo
- Haines Junction also serves communities of Beaver Creek and Burwash Landing.

Toll Free (Yukon, Nunavut and NWT): 1-866-456-3838

#### NARCOTICS ANONYMOUS

Provides regular meetings and support groups to help each other abstain from alcohol and drugs. Everyone is welcome.

Fridays 7pm to 8:30pm at Yukon Employees' Union, 2285 2nd Ave. Wednesdays and Sundays 7pm to 8:30pm at BYTE Office, 404A Ogilvie St.

#### **OVEREATERS ANONYMOUS**

Provides regular meetings and support groups to help each other abstain from overeating. Sundays, 7pm at 509 Hanson St. oayukon@gmail.com

#### SENIORS' SERVICES/ADULT PROTECTION UNIT #100-204 Black St.

Provides information and advocacy to the aged, disabled and their supporters on protective tools to retain their autonomy.

867-456-3946

#### **TAO-TEL-AIDE**

Service d'écoute active, de soutien et de références aux personnes de tous âges. Anonyme et confidentiel disponible 365 jours, 24/24.

Ligne d'écoute -1-800-567-9699

#### VETERANS AFFAIRS CANADA

Provides client-centred services and benefits for Canadian veterans. Monday to Friday 8:30am to 4:30pm.

Toll-free: 1-866-522-2122

#### **VETERANS COUNSELLING AND CRISIS LINE**

Health Canada counselling/crisis line for CAF members, staffed by professional psychologists with specific training around suicide and military-related traumas. 24 hours a day 7 days a week.

Toll-free: 1-800-268-7708

#### WOMEN OF WISDOM

Skookum Jim Friendship Centre, 3159 3rd Ave.

Runs bi-weekly on Thursdays from 6pm to 8:30pm and occasionally offers 2-day groups. Open to all women.

867-633-7696

#### LIARD ABORIGINAL WOMEN'S SOCIETY Watson Lake

Provides social development services for the Kaska Nation in Yukon and northern BC.

867-536-2097 lawsadmin@northwestel.net www.liardaboriginalwomen.ca

## **DROP-IN CENTRES**

#### A SAFE PLACE

Victoria Faulkner Women's Centre, 503 Hanson St.

Provides a low-barrier drop-in program offering food, support and activities for women. Low barrier means women who are under the influence of drugs or alcohol are welcome to access this service. All self-identified women and their children (including boys under the age of 16 years old) are welcome at A Safe Place. Showers available. Friday to Sunday 5pm to 8pm.

867-667-2693 safeplace@vfwomenscentre.com

## BOYS & GIRLS CLUB OF YUKON (BGCY) 306 Alexander St.

Provides a drop-in program, hot meals and a safe and supportive atmosphere for youth ages 11 to 18. A membership to BGCY is a small annual fee which gives each young person access to meals, programs and a shower. Financial support is available for all BGCY programs. Additional supports for children, young adults and families are also available. Tuesday to Saturday 3pm to 9pm.

867-393-2824

## COMMITTEE ON ABUSE IN RESIDENTIAL SCHOOLS SOCIETY (CAIRS) 4194A 4th Ave.

Offers a wide range of support services and referrals for those individuals who have been affected by residential schools. Call for hours.

867-667-2247

## FAMILY LITERACY CENTRE (FLC)

2nd Floor, Canada Games Centre, 200 Hamilton Blvd.

Promotes the development of literacy and related life skills through free fun programs for multigenerational family members. Monday to Friday 12:30pm to 3pm and Saturdays 10am to 2pm.

#### GOLDEN AGE SOCIETY 4061A 4th Ave.

Provides a gathering space for seniors 55+ to socialize, participate in activities, and promote, support and advance cultural, recreational, athletic and charitable activities in the Yukon. Membership is \$22 per year. Monday to Friday 10am to 1pm.

867-668-5538 www.yukon-seniors-and-elders.org

#### SKOOKUM JIM FRIENDSHIP CENTRE 3159 3rd Ave.

Offers a wide variety of programming including Women of Wisdom, Youth Employment Centre, ASETS, After-School Tutoring and the NWT Post-Secondary Program. Call the centre or visit the website for information on Youth Diversion, Prenatal Nutrition, Traditional Parenting, and a Family Support Worker. Monday to Friday 8:30am to 4:30pm.

867-633-7680 www.skookumjim.com

## **SECOND OPINION SOCIETY (SOS)** 307 Strickland St.

A drop-in centre for those interested in holistic approaches to mental health that offers peer support, workshops, recreational activities, information and advocacy. Free internet and library. Monday to Friday 1pm to 6pm.

867-667-2037 www.second-opinion.ca SOS

#### SPLINTERED CRAFT 6159 6th Ave.

A youth resource centre for ages 13 to 25 that hosts shows, drop-ins, recording, arts and much more. Stop by for snacks, art supplies, instruments, free audio/video recording supplies and free internet. Monday to Friday 4pm to 8pm.

sjfcsplintered@gmail.com

#### VICTORIA FAULKNER WOMEN'S CENTRE 503 Hanson St.

A friendly space for all women that provides assistance with legal aid, housing and employment opportunities. Provides internet, showers, library and laundry. Free Rural Pregnant Mom's Suite available, first come, first served. Monday to Friday 11am to 3pm.

867-667-2693

#### WHITEHORSE EMERGENCY SHELTER 405 Alexander St.

Provides a warm, low-barrier environment for those in need. Harm reduction supplies, support, showers, meals and more are provided. Call for hours. 867-455-2820

#### WHITEHORSE PUBLIC LIBRARY 1171 Front St.

Provides free use of internet, DVDs, CDs, newspapers, magazines, audiobooks, e-books, large-print and French books. Programming for all ages. Free library card with proof of Yukon residency.

Monday to Thursday 10am to 9pm, Friday to Sunday 10am to 6pm.

867-667-5239 www.ypl.gov.yk.ca

#### YOUTH DROP-IN: KIDS CLUB

Canada Games Centre, 200 Hamilton Blvd.

Provides activities including arts and crafts, table tennis, guest speakers, sports and games. Entry is free. Please go directly to the Kids Club to sign-in.

Preteens, ages 9-12: Fridays and Saturdays 6pm to 8pm.

Teens, ages 13-17: Fridays and Saturdays 8pm to 10pm.

## YOUTH OF TODAY SOCIETY (YOTS) 404C Ogilvie St.

A youth centre for ages 15 to 30 that provides a range of programming including a safe drop-in space, healthy meals, laundry, shower, clothing distribution and different training and development programs.

Monday to Friday 3pm to 8pm. Dinner served at 5pm.

867-633-9687 www.youthoftodaysociety.com

#### YUKON LEARN SOCIETY 2158B 2nd Ave.

Provides free adult literacy programs and services, access to computers and internet, one-on-one tutoring, small group instruction, computer courses and access to resources for a \$5 annual membership.

Ages 16 and up. Monday to Friday 9am to 5pm.

Toll-free: 1-888-668-6280 or 867-668-6280 www.yukonlearn.com



## **EMPLOYMENT ASSISTANCE**

ASETS Skookum Jim Friendship Centre, 3159 3rd Ave.

Assists in providing training opportunities designed to provide entry into employment or opportunity for upward mobility within current employment. This program is available for urban Aboriginal peoples who are not eligible for funding through a Yukon First Nation.

867-633-7696

ASSOCIATION FRANCO-YUKONNAISE (AFY) 302, rue Strickland Vaste gamme de services dans les domaines de l'aide à l'emploi, de la formation, de l'orientation et de l'alphabétisation à l'intention des francophones offerte au Centre de la francophonie. De lundi au vendredi de 9 h à 17 h.

867-668-2663 www.afy.yk.ca

CHALLENGE DISABILITY RESOURCE GROUP 1148 Front St.

Delivers and facilitates the EmployAbilities Skills Training Program for people with disabilities and barriers to employment. Provides job coaching, employer supports and community-inclusion supports. There are three social enterprises for employment including Bridges Catering and the Ledge Cafeteria.

867-668-4421 www.challengedrg.org

COMPUTERS FOR SCHOOLS YUKON 1000 Lewes Blvd. (In the back lot) A Technical Work Experience Program offers 6-month internship positions twice a year for young adults between the ages of 15 to 30 who have graduated high school. Accepted applicants will gain hands-on experience fixing used computers and installing operating systems. Send your resume to admin@cfsy.ca www.cfsy.ca

#### EMPLOYMENT CENTRAL #202-204 Black St.

Provides free job search services including a job board, employment counselling, workshops, access to computers, fax, phone and photocopier to facilitate entry into the workforce. Assists clients seeking funding for school and targeted wage programs. Monday to Friday 9am to 4:30pm. 867-393-8270 www.employmentyukon.ca

**EMPLOYMENT INSURANCE** 125 Elijah Smith Building, 300 Main St. Assists with temporary financial assistance for unemployed Canadians while they look for work or upgrade their skills. Monday to Friday 8:30am to 4pm.

Toll-free: 1-800-206-7218 www.servicecanada.gc.ca

## **EMPLOYMENT AND TRAINING SERVICES UNIT (ETS)**

#100-204 Black St.

Provides employment, training and support services to individuals 18 years of age and older facing barriers towards employment. Referrals are accepted from applicant (self-referral) and/or referring agency. Support is provided to those who identify as having a significant employment-related barrier and who are currently, or have received, social assistance from any social assistance administration in the Yukon in the past 3 years.

867-667-8760

#### **GOVERNMENT OF CANADA JOB BANK**

Provides electronic job board with local and national employment posts. www.jobbank.gc.ca

#### YOUTH EMPLOYMENT CENTRE

Skookum Jim Friendship Centre, 3159 3rd Ave.

Helps young adults between the ages of 15 to 30 with resume and cover letter writing, job search, work gear, work placement subsidies, and training including Standard First Aid, Food Safe and more.

Monday to Friday 9am to 12pm, 1pm to 4pm.

867-633-7694

## YOUTH OF TODAY SOCIETY (YOTS) 404C Ogilvie St.

Provides different training and development programs through the drop-in centre. Open to ages 15 to 30. Monday to Friday 3pm to 8pm.

867-633-9867 www.youthoftodaysociety.com

## YUWIN (YUKON WORK INFORMATION NETWORK)

Offers an online employment resource for employers and job seekers. Employers of all kinds, including private businesses, First Nation and municipal governments, and community organizations, advertise their jobs free of charge.

www.yuwin.ca

## KLONDIKE OUTREACH 853 3rd Ave., Dawson City

Provides services including a job board and website, computer access, assistance in resume and cover letter writing, interview help and information and assistance in applying for various Yukon government-funded employment programs.

867-993-5176 info@klondikeoutreach.com www.klondikeoutreach.com

**WATSON LAKE COMMUNITY OUTREACH** 714 Adela Trail, Watson Lake Provides career planning, employment services, help with writing a resume and job search tools.

867-536-7322 wloutreach@northwestel.net www.wlemployment.com

## FINANCIAL SUPPORT

First Nation Offices contact information on page 16.

# INDIGENOUS SERVICES CANADA/CROWN-INDIGENOUS RELATIONS AND NORTHERN AFFAIRS – INCOME ASSISTANCE

122 Elijah Smith Building, 300 Main St.

Provides income assistance for status First Nation residents in Whitehorse (who are not Kwanlin Dün or Ta'an Kwäch'än Council citizens) who are unable to meet their basic needs.

Toll-free: 1-800-661-0451 or 867-667-3399 www.aadnc-aandc.gc.ca/yt

# KWANLIN DÜN FIRST NATION – INCOME ASSISTANCE AND PATHWAYS PROGRAMS House of Learning, 5 O'Brien Place

Provides income assistance and wellness and goals support for all Kwanlin Dün citizens.

867-633-8422

## TA'AN KWÄCH'ÄN COUNCIL – INCOME ASSISTANCE

117 Industrial Rd.

Provides income assistance for status Ta'an Kwäch'än citizens. Call for an appointment. Monday to Friday 9am to 2:30pm.

867-668-3613

#### YUKON GOVERNMENT - INCOME SUPPORT

Provides financial assistance and generalist case management services to individuals and families presenting with financial need.

Carcross: 867-821-2920

Carmacks and Pelly Crossing: 867-863-5800

Dawson City and Old Crow: 867-993-7890

Faro: 867-994-2749

 Haines Junction, Destruction Bay, Burwash Landing and Beaver Creek; 867-634-2203

• Mayo/Elsa: 867-996-2283

• Ross River: 867-969-3200

• Teslin: 867-390-2588

Watson Lake: 867-536-2232

• Whitehorse: 867-667-5674 3168 3rd Ave (Pre-intake is 9am Mon,

Tues, Thurs, Fri)

Toll-free: 1-800-661-0408, ext.5674 www.hss.gov.yk.ca/sa.php

#### ADDITIONAL SUPPORT:

**COMPUTERS FOR SCHOOLS YUKON** 1000 Lewes Blvd. (In the back lot) Provides refurbished computers to people in need at little or no cost. Apply for a computer through Yukon schools, non-profits or First Nations organizations.

867-456-4365 www.cfsy.ca/community

## KIDS RECREATION FUND (KRF) Sport Yukon, 4061 4th Ave.

Helps families experiencing financial hardship with the cost of registration fees and equipment for children to participate in organized sport, art, cultural, social and recreational programs.

867-668-4236 news@sportyukon.com www.sportyukon.com

## FIRST NATION OFFICES

If you are looking for information or services from your First Nation, contact them directly. They may be able to help with education and training, justice, housing, income assistance or cultural support.

#### CARCROSS/TAGISH FIRST NATION

Carcross 867-821-4251

#### CHAMPAGNE AND AISHIHIK FIRST NATIONS

Haines Junction 867-634-4200

## FIRST NATION OF NA-CHO NYÄK DUN

Mayo 867-996-2265

#### **KLUANE FIRST NATION**

Burwash Landing Toll-Free: 1-866-558-5587 or 867-841-4274

#### KWANLIN DÜN FIRST NATION

Whitehorse 867-633-7800

#### LIARD FIRST NATION

Watson Lake/Upper Liard Nation 867-536-7901

#### LITTLE SALMON CARMACKS FIRST NATION

Carmacks 867-863-5576

#### **ROSS RIVER DENA COUNCIL**

Ross River 867-969-2277

#### **SELKIRK FIRST NATION**

Pelly Crossing 867-537-3331

## TA'AN KWÄCH'ÄN COUNCIL

Whitehorse 867-668-3613

#### **TESLIN TLINGIT COUNCIL**

Teslin 867-390-2532

## TR'ONDËK HWËCH'IN

Dawson City Toll-Free: 1-844-993-7100 or 867-993-7100

#### **VUNTUT GWITCHIN FIRST NATION**

Old Crow 867-966-3261

#### WHITE RIVER FIRST NATION

Beaver Creek Toll Free: 1-866-862-9736 or 867-862-7802

## **FOOD**

**BOYS & GIRLS CLUB OF YUKON (BGCY)** 306A Alexander St. Provides free meals in the drop-in space for ages 11 to 18. Tuesday to Saturday. Snack is served 3pm to 4pm and dinner is served 6pm to 7pm.

**SALLY & SISTERS/SOEURS** Whitehorse Food Bank, 306 Alexander St. Provides free hot meals for women and children in a safe and sober space. Mondays and Fridays 11:50am to 12:50pm.

867-393-2265

#### WHITEHORSE EMERGENCY SHELTER 405 Alexander St.

Provides free meals 7 days a week.

Breakfast 7am to 9am, Lunch 12pm to 1pm, Dinner 5pm to 6pm.

867-455-2820

## WHITEHORSE FOOD BANK 306 Alexander St.

Provides free food for pick up. Three-day hampers, one per family/month. ID required, own bags preferred.

Food pick up times: Tuesdays and Thursdays, 10am to 12:45pm and

3pm to 4:45pm; Wednesdays Family Pick-up 10am to 1pm. Free shelf items: Monday to Friday. Times vary, please call.

867-393-2265 www.whitehorsefoodbank.ca

#### WOMEN'S LUNCH

Victoria Faulkner Women's Centre, 503 Hanson St. Provides a hot lunch, free or by donation. All women and their children welcome. Wednesdays 11:30am to 1:30pm.

867-667-2693

YOUTH OF TODAY SOCIETY (YOTS) 404C Ogilvie St.

Provides free dinner for ages 15 to 30.

Monday to Friday from 3pm to 8pm. Dinner 5pm.

867-633-9687 www.youthoftodaysociety.com

DAWSON CITY FOOD BANK

Dawson Community Chapel, 1254 5th Ave., Dawson City Tuesdays 12pm to 2pm (summer hours may be reduced). 867-993-5122

SEE THE
FREE FOOD IN
WHITEHORSE
CALENDAR ON
PAGE 34

#### WATSON LAKE FOOD BANK AND SOUP KITCHEN

St. Ann's Hall, Adela Trail, Watson Lake. Monday to Friday 9am to 1pm. 867-536-5222

## **HEALTH**

#### **811 YUKON HEALTH LINE**

Provides easy access to non-emergency health information and services. 24 hours a day 7 days a week.

Dial 811 www.ykhealthguide.org

## BLOOD TIES FOUR DIRECTIONS 405 Ogilvie St.

Offers health, social and housing support services to street-involved persons. Services include: drop-in centre, health care navigation and support, case management, housing navigation and support, advocacy, and harm reduction services (needle exchange, crack kits, Naloxone, fentanyl testing program, condoms, dental dams and hygiene supplies).

Monday to Friday 8:30am to 12pm, 1pm to 4:30pm.

- Needle Exchange open Monday to Friday 8:30am to 5:30pm
- Outreach nurse available on-site Wednesdays from 1pm to 3pm
- Weekly support group for people who use drugs every Tuesday from 1pm to 2:30 pm

867-332-8268 www.bloodties.ca f Blood Ties Four Directions Centre

## CANADIAN MENTAL HEALTH ASSOCIATION, YUKON DIVISION

415 Baxter St.

Provides free counselling to individuals, couples and youth. Programming and services include drop-in counselling on Tuesday afternoons, Living Life to the Full (an 8 week CBT program), a mental health caregivers' support group and workplace mental wellness programming.

1-867-668-6429 admin@yukon.cmha.ca www.yukon.cmha.ca

## CENTRE DE RESSOURCES PARTENARIAT COMMUNAUTÉ EN SANTÉ

Centre de la francophonie, 302 rue Strickland

Présente des ressources en français sur des sujets relatifs à la santé, incluant aussi la possibilité d'emprunter des trousses en promotion de la santé pour la petite enfance par les membres (gratuit). Le PCS produit aussi un répertoire des professionnels et professionnelles bilingues de la santé qui est disponible au bureau du PCS et en ligne. Le centre de ressources en santé est ouvert du lundi au vendredi, de 9h à 17h.

867-668-2663 ext. 800 www.francosante.org

### **DIABETES EDUCATION CENTRE** Thomson Centre, 5 Hospital Rd.

Provides education and self-management support to adults diagnosed with diabetes. Nurse and dietitian available to answer questions by appointment. Referral from a health care provider is required.

Monday to Friday 8:30am to 4pm.

867-393-8711

#### DISABILITY SERVICES - ADULT AND CHILDREN'S PROGRAMS

49A Waterfront Place

Provides services for adults with cognitive disabilities, and families with children who have disabilities.

867-393-7464

#### DOWNTOWN OUTREACH CLINIC

Whitehorse Emergency Shelter, 405 Alexander St.

A drop-in clinic offering wound care, immunizations, foot care, health promotion and harm reduction education, physiotherapy, help navigating the healthcare system, and referrals by nurses, physiotherapists, social workers and support workers. No health card required.

Wednesdays from 10am to 2pm. (Drop-in.)

#### FETAL ALCOHOL SYNDROME SOCIETY OF YUKON (FASSY)

#120-205 Black St.

Provides direct service to adults with Fetal Alcohol Spectrum Disorder (FASD) and their support circles. Provides educational opportunities about FASD and support for families, communities, practitioners and other service agencies. Monday to Friday 8:30am to 5pm.

867-393-4948

#### FIRST NATIONS AND INUIT DENTAL CLINIC

100 Elijah Smith Building, 300 Main St.

Provides dental services to First Nations and Inuit people. Dental treatment is billed directly to the Non-Insured Health Benefits (NIHB) Program. Monday to Friday 8am to 4pm.

Toll-free: 1-866-846-1740 or 867-393-6866

#### FIRST NATIONS AND INUIT HEALTH BRANCH

100 Elijah Smith Building, 300 Main St.

Provides NIHB coverage for prescription drugs, dental care, vision care, medical equipment and supplies, and medical transportation through the Non-Insured Health Benefits (NIHB) Program.

Toll free: 1-866-362-6717 (NIHB)

The Indian Residential School (IRS) Resolution Health Support Program and MMIWG Support Program provides mental health counselling and transportation coverage to the nearest point of service to eligible clients. Monday to Friday 8am to 4pm.

Toll free: 1-800-464-8106 (IRS)

#### FIRST NATIONS AND INUIT HOPE FOR WELLNESS HELP LINE

Provides help to those experiencing emotional distress and want to talk 24 hours a day 7 days a week.

Toll free: 1-855-242-3310

## NALOXONE KITS

Free take-home naloxone kits are available across the Yukon at Community Health Centres, hospitals, Blood Ties Four Directions, pharmacies, the Outreach Van, the KDFN Health Centre and Mental Wellness and Substance Use Services.

LEARN MORE about distribution sites, overdoses and naloxone kit training: Opioid Overdose Prevention Coordinator 867-332-0722, 609 Steele St. www.knowyoursource.ca or hss.gov.yk.ca/fentanyl.php

#### GOLDEN AGE SOCIETY FOOT CLINIC 4061A 4th Ave.

Provides a free foot-care service for seniors aged 55+.

First Tuesday of the month, excluding July and August. Doors open at 8am, and services are offered on a first come, first serve basis.

867-668-5538

## MENTAL WELLNESS AND SUBSTANCE USE SERVICES 609 Steele St.

Provides counselling for individuals, families, children and youth who may be experiencing challenges with mental health and/or substance use.

Toll-free: 1-866-456-3838 or 867-456-3838

#### **MENTAL WELLNESS HUBS**

Provides access to a wide range of health and social services including mental wellness support for individuals who have experienced trauma, individual counselling, outreach services, community support and pre- and post-care related to substance use.

- · Watson Lake also serves communities of Teslin, Carcross and Tagish
- Carmacks also serves communities of Pelly Crossing, Ross River and Faro
- · Dawson City also serves communities of Old Crow and Mayo
- Haines Junction also serves communities of Beaver Creek and Burwash Landing.

Toll Free (Yukon, Nunavut and NWT): 1-866-456-3838

#### NATIONAL INDIAN RESIDENTIAL SCHOOL CRISIS LINE

Provides former IRS students and their families emotional and crisis referral services. 24 hours a day 7 days a week.

Toll free: 1-866-925-4419

#### NATSEKHI KU HEALTH CENTRE 35 McCrimmon Cres.

Offers community outreach, youth and adult counselling services, alcohol and drug addictions services, holistic wellness programs, family and children's support, public health, health promotion and prevention services. Monday to Friday 8:30am to 12pm, 1pm to 4pm.

Nursing drop-in clinic: Monday to Friday 9am to 12pm, 1pm to 4pm. 867-668-7289

#### **OUTREACH VAN**

Provides a variety of safety, health and social supports including harm reduction services, a needle exchange program, provision of personal care items, clothing and nutrition. Provides counselling, advocacy and referral services relating to issues of substance abuse, mental health, employment, housing, family, grief and loss, violence, finances and the legal system. Monday to Saturday 5:30pm to 9:30pm.

1-867-334-1647 call or text to get in contact with the van.

#### **QUITPATH AND SMOKERS' HELPLINE**

Provides free, confidential services with personalized tools that are proven to be effective in helping people quit smoking.

- Quitpath Toll Free: 1-866-221-8393 or 867-667-8393 www.quitpath.ca
- Smokers' Helpline Toll Free: 1-877-513-5333 www.smokershelpline.ca

#### RIVER VALLEY MEDICAL CLINIC 106 Lambert St.

Available by appointment or walk-in. Monday to Friday 9am to 3:30pm, Saturday 9am to 4pm, Sunday 10am to 2pm.

867-667-6491

## (SOS) SECOND OPINION SOCIETY 307 Strickland St.

Offers peer support, workshops, recreational activities, information and advocacy. Monday to Friday 1pm to 6pm.

867-667-2037 www.second-opinion.ca Second Opinion Society

#### WHITEHORSE HEALTH CENTRE 9010 Quartz Rd.

Provides immunizations, child health clinics, pre-natal, post-partum, travel health, breast-feeding support to families and the community.

Monday to Friday 8am to 12pm, 1pm to 4:30pm.

867-667-8864

#### YUKON COMMUNICABLE DISEASE CONTROL 4 Hospital Rd.

Provides confidential and free testing for all sexually transmitted infections, pregnancy testing and immunization. By appointment: Monday to Friday 8:30am to 12pm. Drop-in: Monday to Friday 12:30pm to 4pm.

Toll-free: 1-800-661-0408 ext. 8323 or 867-667-8323

## HOUSING

Housing options may be available through your First Nation Office, or by referral through a service agency. First Nation Offices contact information on page 16.

#### GREY MOUNTAIN HOUSING SOCIETY 509 Strickland St.

Helps provide subsidized housing for First Nations families and affordable housing for all Yukoners. Monday to Friday 9:30am to 3:30pm. 867-633-4880

#### SOCIAL HOUSING - YUKON HOUSING CORPORATION 410 Jarvis St.

Helps provide affordable housing for low-income families and individuals throughout the Yukon. Monday to Friday 8:30 am to 4:30 pm.

Toll-free: 1-800-661-0408, ext. 5759 or 867-667-5759 www.housingactionplan.ca/looking-for-housing

## **INTERNET**

#### CITY OF WHITEHORSE FACILITIES

Provides open, public wifi at City of Whitehorse recreation and public facilities including City Hall, Canada Games Centre, Takhini Arena, Mount McIntyre, Robert Service Campground and Shipyards Park.

#### EMPLOYMENT CENTRAL #202-204 Black St.

Provides computers for job-related searches. Monday to Friday 9am to 4:30pm. 867-393-8270 www.employmentyukon.ca

#### VICTORIA FAULKNER WOMEN'S CENTRE 503 Hanson St.

Provides computer access for women only. Monday to Friday 11am to 3pm. 867-667-2693

#### WHITEHORSE PUBLIC LIBRARY 1171 Front St.

Provides computer access for members of the public. Monday to Thursday 10am to 9pm, Friday to Sunday 10am to 6pm. 867-667-5239 www.ypl.gov.yk.ca

#### YUKON LEARN SOCIETY 2158B 2nd Ave.

Provides computer access for a \$5 annual membership. Ages 16 and up. Monday to Friday 9am to 5pm.

Toll-free: 1-888-668-6280 or 867-668-6280 www.yukonlearn.com

YukonLearn

## YOUTH OF TODAY SOCIETY (YOTS) 404C Ogilvie St.

Provides computer access as part of the drop-in centre.

Open to ages 15 to 30. Monday to Friday 3pm to 8pm.

867-633-9687 www.youthoftodaysociety.com f youth of today society

## **LEGAL SERVICES**

#### CRIME STOPPERS TIP LINE

Provides an anonymous way to report any information on any crime. 24 hours a day 7 days a week.

Toll-free: 1-800-222-8477

#### LAWYER REFERRAL SERVICE #304-104 Elliot St.

Provides a service to determine if you have a legal problem for which you need a lawyer.

867-668-4231 collect calls accepted.

#### **LEGAL AID** #101-2131 2nd Ave.

Provides free or low-cost legal service.

Monday to Friday 8:30am to 12pm and 1pm to 4:30pm.

867-667-5210 www.legalaid.yk.ca

#### NEIGHBOURHOOD LAW CENTRE #101-2131 2nd Ave

Provides assistance to low income individuals and families in areas of non-family, civil law such as: CPP and CPP Disability Insurance, Social Assistance benefits, tenant and housing matters and disability issues. Consultations are available by telephone for individuals living in the communities. Call to make an appointment.

Monday to Friday 8:30am to 12pm, 1pm to 4:30pm.

Toll-free: 1-800-661-0408, ext. 5255 or 867-667-5255

#### VICTIM LINK

Provides help and information for victims of all crime including family and sexual violence. 24 hours a day 7 days a week.

Toll-free: 1-800-563-0808

#### WILLS AND ESTATES

# Indigenous Services Canada/Crown-Indigenous Relations and Northern Affairs Canada

122 Elijah Smith Building, 300 Main St.

Provides assistance with the administration of estates and trusts for members of First Nations without self-government agreements who reside on Crown Land.

Toll-free: 1-800-661-0451 or 867-667-3399 www.aadnc-aandc.gc.ca

#### YUKON HUMAN RIGHTS COMMISSION #215-305 Main St.

Offers impartial legal information and training about human rights in the Yukon. Contact us to file a human rights complaint about discrimination, including harassment. Monday to Friday 8:30am to 4:30pm.

Toll-free: 1-800-661-0535 or 867-667-6226 collect calls accepted. www.yukonhumanrights.ca

#### **VICTIM SERVICES**

Offers confidential support services for victims of crime and abuse whether or not it has been reported to the police.

Toll-free: 1-800-661-0408 ext. 8500

Whitehorse: 301 Jarvis St., 867-667-8500

Dawson City: 867-993-5831Watson Lake: 867-536-2541

#### WOMEN'S LEGAL ADVOCATE

Skookum Jim Friendship Centre, 3159 3rd Ave.

Develops and delivers support services to women involved in the legal/justice system including criminal justice, victim support, child protection, landlord and tenancy issues, wellness court and family legal matters.

867-633-7691 legaladvocate@northwestel.net www.skookumjim.com/programs/womens-legal-advocate

#### YUKON OMBUDSMAN #201-211 Hawkins St.

Receives and investigates complaints of unfairness in the delivery of Yukon Government services.

Toll-free: 1-800-661-0408 ext. 8468 or 867-667-8468

## YUKON PUBLIC LEGAL EDUCATION ASSOCIATION (YPLEA)

#102-2131 2nd Ave.

Provides legal information on various Yukon laws.

867-668-5297

## MAIL

## CANADA POST OFFICE 36 Chilkoot Way.

Provides general delivery. The first three months are free with the use of the postal code Y1A 4N2.

867-668-2195

#### WHITEHORSE EMERGENCY SHELTER 405 Alexander St.

Accepts Care Of mail. PO Box 36 Y1A 5X3, Whitehorse, YT 867-455-2820

## **PET CARE**

## **HUMANE SOCIETY YUKON** 126 Tlingit St.

Provides re-homing services for animals that are surrendered (no cost) to the shelter. Animals will be seen by a vet and cared for until adopted. Tuesday to Saturday 12pm to 6pm.

867-633-6019 www.humanesocietyyukon.ca f Humane Society Yukon



#### KONA'S COALITION

Improves animal welfare in the Yukon through education, advocacy, financial assistance and support. Provides subsidies through its grant program for low-income families seeking assistance for emergency vet care, spay and neuter and vaccinations.

867-333-KONA (5662) konascoalition@gmail.com 

#### **OUTREACH VAN**

Provides free cat and dog food for pets in need. Veterinary services are available once a year in the spring to provide vaccinations and pet care. Monday to Saturday 5:30pm to 9:30pm.

867-334-1647 call or text to get in contact with the van.

Blood Ties Four Directions Centre

## SAFETY APPS

## **BSAFE** (Free App)

Set up a network of people you trust and they can "follow" you home via GPS trace. Press the app's alarm and your network will get an alert with your exact location.

getbsafe.com

## CHILLA (Free App)

Personal safety app is triggered by a scream, a loud shout or by pressing the power button 5 times. Places a call, SMS or email to your contacts, along with your exact location even when your phone is locked.

Google play store

## **CIRCLE OF 6** (Free App)

Circle of 6 app makes it quick and easy to reach 6 people you choose. Two taps lets your circle know where you are and how they can help. circleof6app.com

## WATCH OVER ME (Free App)

Turn your phone into an emergency tool by shaking it. Even if your phone is locked, with one shake your phone's alarm and video camera turns on and alerts your emergency contacts.

watchovermeapp.com

## **SHELTERS**

#### **KAUSHEE'S PLACE**

Provides free short-term emergency shelter (up to 30 days) for women and their children who have experienced violence and/or abuse, and provides second-stage housing (apartment units where women can live with independence and security).

867-668-5733 24-hour crisis line fully confidential, accepts collect calls 867-633-7720 for non-emergency situations

### WHITEHORSE EMERGENCY SHELTER 405 Alexander St.

Provides low-barrier emergency shelter for adults 18 years and older. Intake 24 hours a day, 7 days a week. Three full meals a day, support staff, harm reduction supplies, laundry and shower facilities available. 867-455-2820

#### YOUTH EMERGENCY SHELTER

Provides shelter for youth 17 to 24 who need a hot meal, a safe bed and/or support, laundry and mail service.

Monday to Friday 4pm to 8:30am, Saturday, Sunday and holidays 24 hours.

867-633-7693 weekdays during office hours

867-633-7699 during shelter hours

**DAWSON CITY MEN'S SHELTER** 1214 2nd Ave., Dawson City Provides confidential shelter, support and advocacy for men, 24 hours a day 7 days a week.

867-993-7200 ext.225

## **DAWSON WOMEN'S SHELTER** Dawson City

The Dawson Women's Shelter provides emergency shelter, advocacy and support to women and children on a 24-hour basis who have experienced violence and/or abuse. Services are confidential and non-judgmental. Laundry and shower services available on site. 24 hour crisis-support line: 867-993-5086 shelterdirector@northwestel.net

#### WATSON LAKE HELP AND HOPE FOR FAMILIES

Provides a 24-hour shelter for women and children fleeing abuse.

867-536-7233 info@helpandhopeforfamilies.ca

## **SHOWERS**

#### CANADA GAMES CENTRE 200 Hamilton Blvd.

Provides shower facilities (in the pool and wellness change rooms) with the cost of a drop-in fee. Drop-in fee includes access to all drop-in activities for a day. Call for current drop-in fee and summer or winter hours.

867-667-4386 www.whitehorse.ca/cgc

## ROBERT SERVICE CAMPGROUND 120 Robert Service Way.

Coin operated shower facilities: \$1 for 5 minutes.

May to September, 7 days a week, 7am to 11pm.

867-668-3721 or 867-668-8325.

#### **TAKHINI GAS STATION**

Provides showers. Located at junction of Hot Springs Rd. and North Klondike Hwy.

\$3.50 per shower. 7 days a week 7:30am to 9:30pm.

867-393-3376

#### VICTORIA FAULKNER WOMEN'S CENTRE 503 Hanson St.

Provides shower and laundry facilities with soap, shampoo, towels and laundry soap – pay by donation. Women and small children only please. Monday to Friday 11am to 3pm.

867-667-2693

## WHITEHORSE EMERGENCY SHELTER 405 Alexander St.

Provides public showers, with shampoo and soap, at no cost. 867-455-2820

## YOUTH OF TODAY SOCIETY (YOTS) 404C Ogilvie St.

Provides shower and laundry facilities as part of the drop-in centre.

Open to ages 15 to 30. Monday to Friday 3pm to 8pm.

867-633-9687 www.youthoftodaysociety.com f youth of today society

## TAX RETURN SUPPORT

# CANADA REVENUE AGENCY (CRA) — NORTHERN SERVICE CENTRE OFFICE

Residents of the Territories (with the 867 area code) can call the dedicated enquiries telephone lines for access to agents who can assist with tax and benefit related questions.

Individuals: 1-866-426-1527 Businesses: 1-866-841-1876

To request an in-person outreach visit call 1-833-615-2383 or

vist canada.ca/cra-outreach.

## COMMUNITY VOLUNTEER INCOME TAX PROGRAM (CVITP)

Provides free tax preparation clinics to complete income tax and benefit returns for eligible individuals with a modest income and a simple tax situation. For a full list of clinics or to set one up, call the office or visit the CVITP website.

Toll-free: 1-888-805-6662 www.canada.ca/taxes-help

# YUKON COUNCIL ON AGING – SENIORS' INFO CENTRE

4061B 4th Ave.

Offers a limited number of vouchers to support low income seniors (age 55+) to get their taxes done at local Whitehorse firms.

Toll Free: 1-866-582-9707 or 867-668-3383 www.ycoayukon.com

## YOUTH

For youth employment opportunities and assistance, see the Employment Assistance section on pages 12-14.

## BOYS & GIRLS CLUB OF YUKON (BGCY) 306 Alexander St.

Provides a drop-in program, hot meals and a safe and supportive atmosphere for youth ages 11 to 18. A small annual membership fee gives each young person access to meals, programs and a shower. Financial support is available for all BGCY programs.

Tuesday to Saturday 3pm to 9pm.

867-393-2824

## BYTE (EMPOWERING YOUTH) 404A Ogilvie St.

Offers a free library, a comprehensive referral service for youth and employment services such as help with job searches and resume writing. BYTE is a for-youth, by-youth organization that facilitates experiential workshops on a wide range of topics such as Safer Partying and Healthy Relationships with youth across the North.

Monday to Friday 9:30am to 5pm.

867-667-7975 www.yukonyouth.com

## THE HEART OF RIVERDALE COMMUNITY CENTRE 38 Lewes Blvd.

Provides a safe space for youth to socialize with friends, work on creative projects and learn new skills. Snacks are provided. Youth ages 12 to 18 are welcome. Monday to Friday 3pm to 10pm. Wednesdays is girls drop-in.

867-667-6700 www.theheartofriverdale.com/index

#### KIDS HELP PHONE

Provides bilingual, anonymous, phone and web counselling, referral and information service for children and youth. 24 hours a day 7 days a week.

Toll-free: 1-800-668-6868 www.kidshelpphone.ca

#### NWT POST-SECONDARY PROGRAM

Skookum Jim Friendship Centre, 3159 3rd Ave.

Provides post-secondary financial assistance to Northwest Territories and Nunavut students who have lived in the Yukon for over a year. These students may be eligible to receive funding for living allowance, books and tuition. Limited funding.

867-633-7696

#### **OUTREACH VAN**

Provides a variety of safety, health and social supports including harm reduction services, a needle exchange program, provision of personal care items, clothing and nutrition. Provides counselling, advocacy and referral services relating to issues of substance abuse, mental health, employment, housing, family, grief and loss, violence, finances and the legal system. Monday to Saturday 5:30pm to 9:30pm.

867-334-1647 call or text to get in contact with the van.

# POST SECONDARY EDUCATION Indigenous Services Canada/Crown-Indigenous Relations and Northern Affairs

122 Elijah Smith Building, 300 Main St.

Provides funding for students of the Kluane First Nation, Ross River Dena Council, Daylu Dena Council or Dease River First Nation who are pursuing post-secondary education. Students of other First Nations can apply through their First Nation (see page 16), Government of Yukon or Skookum Jim Friendship Centre and should contact them directly.

Toll-free: 1-800-661-0451 or 867-667-3399 www.aadnc-aandc.gc.ca/yt

#### SJFC AFTER SCHOOL TUTORING PROGRAM

Skookum Jim Friendship Centre, 3159 3rd Ave. Provides tutoring for students from grade 8 to 12. Monday to Thursday 3:30pm to 7pm. 867-633-7694

## **SKILLS CANADA, YUKON** 108 Lambert St.

Encourages, supports and promotes skilled trades and technologies to Yukon youth, through Skills Clubs in schools, Skills Competitions and awareness activities.

867-668-2736 www.skillsyukon.com

## SPLINTERED CRAFT 6159 6th Ave.

A youth resource centre for ages 13 to 25 that hosts shows, drop-ins, recording, arts and much more. Stop by for snacks, art supplies, instruments, free audio/video recording supplies and free internet. Monday to Friday 4pm to 8pm.

sjfcsplintered@gmail.com

## YOUTH LOUNGE AND KIDS CLUB - CANADA GAMES CENTRE

200 Hamilton Blvd.

Offers board games, table tennis, fooseball, movies, music and more, every Friday and Saturday night. Entry is free. (No CGC drop-in fee necessary.) 867-667-4386 www.whitehorse.ca/cgc

## YOUTH OF TODAY SOCIETY (YOTS) 404C Ogilvie St.

A drop-in centre for ages 15 to 30 with internet and computers, laundry facilities, phone and used clothing. Provides Digital Media workshops for Shakat Journal, Yukon Apparel and personal fun projects through the Youth Centre and Creative House. Youth Centre open Monday to Friday from 3pm to 8pm. Dinner served at 5 pm.

Office hours Monday to Friday 12pm to 5pm.

867-633-9687 www.youthoftodaysociety.com **f** youth of today society

**YOUTH SUPPORTS** Skookum Jim Friendship Centre, 3159 3rd Ave. Helps youth aged 12 to 24 to navigate and access services. Provides payment for identification and assists in getting identification. Advocates and problem solves to reach goals and meet needs in the community. Provides snacks, iPads and a friendly space to hang out. Tuesday to Saturday 2pm to 10pm.

867-456-6165

## YUKON CHILD AND YOUTH ADVOCATE OFFICE #19-2070 2nd Ave.

Provides advocacy and support to help children and youth receive quality government services. Monday to Friday 9am to 5pm.

Toll-free: 1-800-661-0408 ext. 5575 or 867-456-5575 www.ycao.ca

## WHITEHORSE CONNECTS

A day of free health and human services including haircuts, immunization, foot care, free food, clothing and live music. Held at least three times a year.



For more information, call or email Yukon Anti-Poverty Coalition at: 867-334-9317 or whitehorseconnects@gmail.com

# NOTES:

# MONDAY

## **WHITEHORSE EMERGENCY SHELTER**

405 Alexander St. 7am

# **WHITEHORSE EMERGENCY SHELTER**

405 Alexander St. 12pm

## **SALLY & SISTERS**

306 Alexander St. 11:50am to 12:50pm \*Women and children

# WHITEHORSE **EMERGENCY** SHELTER

405 Alexander St. 5pm

## **YOUTH OF TODAY SOCIETY**

404C Ogilvie St. 5pm \*Youth 15-24

# **TUESDAY**

## WHITEHORSE **EMERGENCY** SHELTER

405 Alexander St. 7am

## **FOOD BANK**

306 Alexander St. Hamper pick-up: 10am-12:45pm

## WHITEHORSE **EMERGENCY** SHELTER

405 Alexander St. 12pm

## **MARY HOUSE**

504 Cook St. 1pm-5pm

\*Sandwich only

#### **FOOD BANK**

306 Alexander St. Hamper pick-up: 3pm-4:45pm

## WHITEHORSE **EMERGENCY** SHELTER

405 Alexander St. 5pm

## **BOYS & GIRLS CLUB OF YUKON**

306 Alexander St. 6pm \*Youth 11-18

## YOUTH OF **TODAY SOCIETY**

404C Ogilvie St. 5pm \*Youth 15-24

## **WEDNESDAY**

## **WHITEHORSE EMERGENCY SHELTER**

405 Alexander St. 7am

## **FOOD BANK**

306 Alexander St. Hamper pick-up: 10am-12pm \*Families only

## WHITEHORSE **EMERGENCY SHELTER**

405 Alexander St. 12pm

## **VICTORIA FAULKNER WOMEN'S CENTRE**

503 Hanson St. 11:30am to 1:30pm \*Women and children

## **WHITEHORSE EMERGENCY SHELTER**

405 Alexander St. 5pm

## **BOYS & GIRLS CLUB OF YUKON**

306 Alexander St. 6pm \*Youth 11-18

## **YOUTH OF TODAY SOCIETY**

404C Ogilvie St. 5pm \*Youth 15-24

# **THURSDAY**

## **WHITEHORSE EMERGENCY** SHELTER

405 Alexander St. 7am

## FOOD BANK

306 Alexander St. Hamper pick-up: 10am-12:45pm

## WHITEHORSE **EMERGENCY** SHELTER

405 Alexander St. 12pm

## **MARY HOUSE**

504 Cook St. 1pm-5pm \*Sandwich only

## **FOOD BANK**

306 Alexander St. Hamper pick-up: 3pm-4:45pm

## WHITEHORSE **EMERGENCY** SHELTER

405 Alexander St. 5pm

## **BOYS & GIRLS CLUB OF YUKON**

306 Alexander St. 6pm

\*Youth 11-18

## YOUTH OF **TODAY SOCIETY**

404C Ogilvie St. 5pm \*Youth 15-24

# FRIDAY

## WHITEHORSE **EMERGENCY SHELTER**

405 Alexander St. 7am

## **WHITEHORSE EMERGENCY** SHELTER

405 Alexander St. 12pm

## **SALLY & SISTERS**

306 Alexander St. 11:50am to 12:50pm \*Women and

## WHITEHORSE **EMERGENCY SHELTER**

children

405 Alexander St. 5pm

## **BOYS & GIRLS CLUB OF YUKON**

306 Alexander St. 6pm

\*Youth 11-18

## YOUTH OF **TODAY SOCIETY**

404C Oailvie St. 5pm

\*Youth 15-24

## A SAFE PLACE

503 Hanson St. 5pm-8pm \*Women and children

## FREE FOOD IN WHITEHORSE

# **SATURDAY**

## WHITEHORSE **EMERGENCY** SHELTER

405 Alexander St. 7am

## WHITEHORSE **EMERGENCY** SHELTER

405 Alexander St. 12pm

## WHITEHORSE **EMERGENCY** SHELTER

405 Alexander St. 5pm

## **BOYS & GIRLS CLUB OF** YUKON

306 Alexander St. 6pm

\*Youth 11-18

## A SAFE PLACE

503 Hanson St. 5pm-8pm \*Women and children

# **SUNDAY**

## WHITEHORSE **EMERGENCY** SHELTER

405 Alexander St. 7am

## WHITEHORSE **EMERGENCY** SHELTER

405 Alexander St. 12pm

## WHITEHORSE **EMERGENCY** SHELTER

405 Alexander St. 5pm

## A SAFE PLACE 503 Hanson St.

5pm-8pm \*Women and children

# **NOTES:**



The Yukon Anti-Poverty Coalition facilitates the elimination of poverty through awareness, education, advocacy, community building and action.

Everyone is welcome to attend our monthly gatherings on the third Thursday of the month from 5 to 7pm.

Join the Coalition by calling 867-334-9317 or email yukonantipovertycoalition@gmail.com. Learn more at www.yapc.ca.

Published by the Yukon Anti-Poverty Coalition with support from Crown-Indigenous Relations and Northern Affairs Canada, and the Government of Yukon.



