

# WHERE TO GET FREE OR LOW-COST GOODS & SERVICES

January 2013

for COMMUNITY-friendly listings

- for YOUTH-friendly listings
  - Whitehorse map in centre





www.yapc.ca | 867 334 9317

# **DROP-IN CENTRES**



- YUKON LEARN SOCIETY
  Offers literacy services and programs, access to computers and the internet, one-on-one tutoring and resources for a \$5 yearly membership. Ages 16 and up. Monday to Friday 9am to 4pm
  867-668-6280 Toll-free: 1-888-668-6280 www.yukonlearn.com
- YOUTH LOUNGE . . . . . Canada Games Centre, 200 Hamilton Blvd. For youth age 10 to 15, free programming Fridays and Saturdays, 6pm to 10pm
   (867-668-8360

YOUTH OF TODAY SOCIETY / ANGELS' NEST . . . 410 Jeckell St. A youth centre for ages 15 to 22 offering independent life and home skills, youth programs and job development. Dinner served from 5:30pm to 6pm. Monday to Friday 3pm to 8pm

(867-633-9687 www.road2angels.com

Monday to Friday 11am to 3pm

(867-667-2693 Find VFWC on Facebook

### NO FIXED ADDRESS OUTREACH VAN

Safety and support services provided through nutrition, water, personal care items, clothing and blankets. Counselling, advocacy and referral services related to issues of substance use, employment, housing, family and violence. Monday to Saturday 4pm to 9pm (867-334-1647 outreachvan@manyrivers.yk.ca



### FOOD





(867-668-2327 www.salvationarmy.ca

Food pick up times: Tuesday & Thursday, 10am to 1pm and 3pm to 5pm Free shelf items: Monday to Friday

(867-393-2265 www.whitehorsefoodbank.ca



### DAWSON CITY:

**DAWSON CITY FOOD BANK** . . . . . . . . . Dawson Community Chapel Tuesdays between 12pm and 5pm **(** 867-993-5507

# WATSON LAKE:

WATSON LAKE SOUP KITCHEN . . . . . . St. Ann's Catholic Church Monday, Wednesday and Friday from 11am to 1pm ( 867-536-7561

# SHELTER



#### KAUSHEE'S PLACE

Short-term emergency shelter (up to 30 days at no cost) for women and their children who have experienced violence and/or abuse. Second stage housing (apartment units where women can live with independence and security).

**C** 24-hour crisis line (fully confidential, accepts collect calls): 867-668-5733 **C** 867-633-7720 for non-emergency situations

#### YOUTH EMERGENCY SHELTER

For youth 17 to 20 who need a safe bed and/or support services. 24/7 ( 867-633-7699 ( 867-335-1216 (after hours)

### **DAWSON CITY:**

#### DAWSON CITY WOMEN'S SHELTER

Confidential shelter, support and advocacy for women and children in transition. Weekly childcare drop-in program. ( 867-993-5086 email: shelterdirector@northwestel.net

### WATSON LAKE:

#### HELP AND HOPE FOR FAMILIES

Shelter for women and children in transition.

email: info@helpandhopeforfamilies.ca www.helpandhopeforfamilies.ca

CEmergency help line: 867-536-2711

( for non-emergency situations: 867-536-7233

# **COUNSELLING SUPPORT & INFORMATION**

- FAMILY & CHILDREN'S SERVICES/CHILD PROTECTION . . .4114 4th Ave. Support, assistance and counselling for parents and families. Investigates and addresses instances of child abuse and neglect.
   (867-667-3002
- GALA [GAY AND LESBIAN ALLIANCE OF YUKON] . . . . (867-335-5800 Social, recreational, educational and political outlet for the gay and lesbian, bisexual and transgendered multicultural community. www.gaycanada.com/galayukon email: galayukon@yahoo.com
- MANY RIVERS COUNSELLING & SUPPORT SERVICES . . . 4071 4th Ave. Confidential counselling services; free parenting programs and support for families. Sliding scale. Offices based in Whitehorse, Dawson City, Haines Junction and Watson Lake. Monday to Friday 9am to 12pm; 1pm to 5pm (867-667-2970, collect calls accepted. www.manyrivers.yk.ca

**WHITEHORSE ABORIGINAL WOMEN'S CIRCLE** 202 - 307 Jarvis St. A safe place for aboriginal women to socialize, network, find support and information. There are weekly support groups, drop-ins, free lunches and parenting programs. Call before coming and check the events calendar online.

**(**867-668-7532 www.wawc.ca

**SEXUAL HEALTH INFORMATION LINE** . . . **(**Toll-free: 1-877-957-8953 Free and confidential sexual health information.

 VICTIM SERVICES
 Offers support services and professional help to victims of crime and abuse.
 (Toll-free: 1-800-661-0408 ext. 8500 Whitehorse: 867-667-8500 Dawson City: 867-993-5831 Watson Lake: 867-536-2541

ELIZABETH FRY SOCIETY OF YUKON . . . . . . . 23 - 1114 1st Ave.
 Supports women who are involved with the justice system.
 \$67-334-2419

# WATSON LAKE:

#### LIARD ABORIGINAL WOMEN'S SOCIETY

Social development services for the Kaska Nation in the Yukon and northern BC email: lawsadmin@northwestel.net www.liardaboriginalwomen.ca \$\\$867-536-2097



A day of free health and human services including haircuts, immunization, foot care, free food, clothing and live music held three times a year (February, June and October). Call Yukon Anti-Poverty Coalition at 867-334-9317 for more information.

# **SOCIAL ASSISTANCE & SERVICES**



#### L 🖸 YUKON GOVERNMENT SOCIAL ASSISTANCE . . . . . 3168 3rd Ave. Financial assistance to residents in need, either on an on-going basis or in time of emergency.

(Toll-free: 1-800-661-0408, ext.5674 www.hss.gov.yk.ca

In your community: Whitehorse: 867-667-5674 Carcross: 867-821-2920 Carmacks (and Pelly Crossing): 867-863-5800 Dawson City (and Old Crow): 867-993-7890 Faro: 867-994-2749 Haines Junction (including Destruction Bay, Burwash Landing, Beaver Creek): 867-634-2203 Mayo: 867-996-2283 Ross River: 867-969-3200 Teslin: 867-390-2588

Watson Lake: 867-536-2232

L 🕗 INCOME ASSISTANCE - ABORIGINAL AFFAIRS AND NORTHERN DEVELOPMENT CANADA . . . . . . 122 Elijah Smith Building (300 Main St.) Income assistance for status First Nation people who are unable to meet their basic needs. (Toll-free: 1-800-661-0451 867-667-3399

www.aandc-aadnc.gc.ca/yt

52 KWANLIN DÜN FIRST NATION - SOCIAL ASSISTANCE . . . 35 McIntyre Dr. Income assistance for Kwanlin Dün citizens. By appointment only. (867-633-8422, ext. 7899

**TA'AN KWÄCH'ÄN COUNCIL - SOCIAL ASSISTANCE**. . . . 117 Industrial Rd. Income assistance for Ta'an Kwäch'än citizens. By appointment only. **(**867-668-3613

L 2 KIDS RECREATION FUND Helps families experiencing financial hardship with the cost of registration fees, special clothing, supplies and equipment for children to participate in organized sport, art, cultural, social and recreational programs. (867-668-4236 www.sportyukon.com

SOCIAL HOUSING - YUKON HOUSING CORPORATION . . . 410 Jarvis St. Helps provide affordable housing for low income Yukoners.
 (Toll-free: 1-800-661-0408, ext. 5759 867-667-5759 www.housing.yk.ca

# CLOTHING

Come to the Shelter office (311 Black St.) to see if you qualify for a clothing voucher. Tuesday and Thursday 9:30am to 11:30am and 1:30pm to 3:00pm



BYTE

**Employment Central** 

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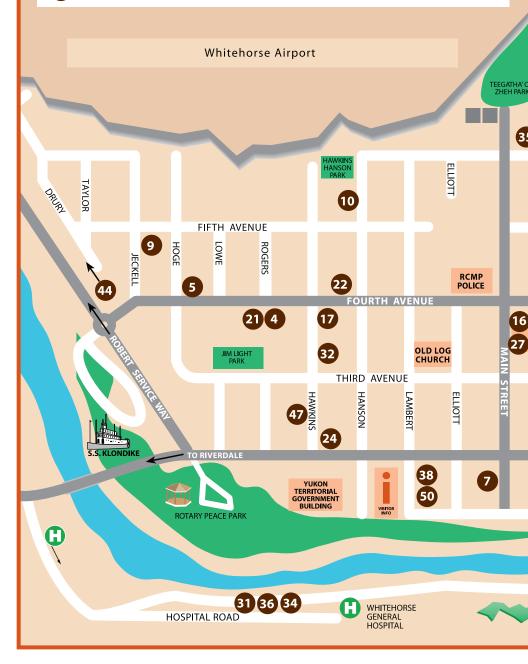
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**10** Victoria Faulkner Women's Centre

- Youth of Today Society (Angels' Nest)
- 29) YCOD (Yukon Council on disABILITY)
- The Church of The Nazarene 14
- 26 Centre de la francophonie



# **Downtown Whitehorse**



# YOUTH



- BYTE [BRINGING YOUTH TOWARDS EQUALITY]. . . 407 Ogilvie St. Offers free library, clothing and a comprehensive referral service for parents and youth. Home to the Purple Bike Project. BYTE is a for-youth by-youth organization that runs social issue experiential workshops in schools and rural communities across the North. Monday to Friday 9am to 4:30pm (867-667-7975 www.yukonyouth.com
- YUKON CHILD & YOUTH ADVOCATE OFFICE . . 19 2070 2nd Ave. To support, assist and advise children and youth of their rights. Monday to Friday 9am to 5pm
   Toll-free: 1-800-661-0408, ext.5575 867-456-5575 www.ycao.ca

### **! WHOLE CHILD PROGRAM**

A school-based family support and recreation program which offers free activity evenings twice a week for all families.

Tuesdays - Selkirk Elementary, Wednesdays - École Whitehorse Elementary ( 867-456-3871 www.wholechildprogram.weebly.com

### **! TEEN PARENT CENTRE**

A place where students who are either expecting or are already parents can go for support to complete their high school education. Interview process is required.

(867-667-3421 www.teenparentcentreyukon.ca

# EMPLOYMENT ASSISTANCE

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EMPLOYMENT INSURANCE. . . . . 125 Elijah Smith Building (300 Main St.) Provides temporary financial assistance for unemployed Canadians while they look for work or upgrade their skills. Monday to Friday 8:30am to 4pm

C Toll-free: 1-800-206-7218 867-667-5083 www.jobbank.gc.ca

YCOD [YUKON COUNCIL ON disABILITY] . . . . . . 4194B 4th Ave.
 Provides services to promote social and economic independence for persons with disABILITIES. Offers information resources and employment services, including job coaching and computer tutoring.
 Monday to Friday 8:30am to 5pm
 (867-668-6703 www.ycod.yk.ca

# DAWSON CITY

### KLONDIKE OUTREACH EMPLOYMENT SERVICES

Employment services including job postings, computer access, resume writing and interview help in Dawson City.

(867-993-5176 www.klondikeoutreach.com email: info@klondikeoutreach.com

# WATSON LAKE

# HEALTHCARE



👠 🚳 FIRST NATIONS & INUIT DENTAL CLINIC . . . .

Construction of the services of the services. Monday to Friday 8 am to 4 pm Construction of the services of th

YUKON COMMUNICABLE DISEASES UNIT . . . . . 4 Hospital Rd. Support for persons with infectious diseases, hepatitis, TB infection, STI's, HIV, inquiries, testing, and treatment. Monday to Friday 8:30am to 4pm (867-667-8323)

Mental Health Advocate available Tuesday, Wednesday and Thursday. ( 867-667-2037



Offers outreach services to individuals with Fetal Alcohol Spectrum Disorder and their support circles. Provides information and education about FASD prevention and support to families, communities, practitioners and other service agencies.

Monday to Friday 8:30am to 5pm ( 867-393-4948

 ALCOHOL & DRUG SERVICES - TREATMENT. . . . . 6118 6th Ave. Outpatient, inpatient and youth treatment and counselling. Monday to Friday 8:30am to 4:30pm
 (Toll-free: 1-800-661-0408, ext. 5777 867-667-5777  MENTAL HEALTH SERVICES . . . . . . . . . . . . . . . . . . 4 Hospital Rd. Counselling and resource services available to family, friends and those experiencing mental health issues. Monday to Friday 8:30am to 4:30pm
 Toll-free: 1-800-661-0408, ext.8346 867-667-8346

**BLOOD TIES FOUR DIRECTIONS** ..... 307 Strickland St. Drop-in for HIV and Hepatitis C positive persons, family and friends, offering resources, counselling, support services and access to condoms and needle-exchange. Monday to Friday 8:30am to 4:30pm

*Drop-in:* Monday to Friday 8.30am to 4.30pm *Drop-in:* Monday to Friday 1pm to 4pm ( 867-633-2437 www.bloodties.ca

### 811 YUKON - YUKON HEALTH LINE

Easy access to non-emergency health information and services, 24/7. ( 811 www.ykhealthguide.org

# **DROP-IN MEDICAL CLINICS**

# LEGAL SERVICES



👠 40 LEGAL AID . . . . . . . Free or low-cost legal service Monday to Friday 8:30am to noon & 1pm to 4:30pm (867-667-5210

LAW LINE . . . . . . . . ..... (Toll-free: 1-866-667-4305 Offers free legal information over the phone. Monday, Wednesday, Thursday and Friday 9am to 5pm, Tuesday 9am to noon (867-667-5297

Provides assistance to low income individuals and families in areas of non-family, civil law such as: Employment Insurance, CPP and CPP Disability Insurance, Social Assistance benefits, tenant and housing matters and disability issues. Consultations are available by telephone for individuals living in the communities.

Monday to Friday 8:30am to noon; 1pm to 4:30pm (867-667-5255 [call to make an appointment]

- LAWYER REFERRAL SERVICE . . . . . . . . . . . **(**867-668-4231 Provides service to determine if you have a legal problem for which you need a lawyer.
- STOP VIOLENCE IN THE YUKON . . . . . www.stopviolenceinyukon.ca Information for women currently living with violence.

Advises people on issues related to the Yukon Landlord/Tenant Act. Monday to Friday 8:30am to 4:30pm (Toll-free: 1-800-661-0408, ext. 5111 867-667-5111

Offers support services and professional help to victims of crime and abuse. (Toll-free: 1-800-661-0408 ext. 8500 Whitehorse: 867-667-8500 Dawson City: 867-993-5831 Watson Lake: 867-536-2541

L 46 ELIZABETH FRY SOCIETY OF YUKON . . . . . . . 23 - 1114 1st Ave. Supports women who are involved with the justice system. (867-334-2419

YUKON OMBUDSMAN.
 An investigator who looks into complaints of unfairness in territorial government services.
 (Toll-free: 1-800-661-0408 ext. 8468 or 867-667-8469

 YUKON HUMAN RIGHTS COMMISSION . . . 101 - 9010 Quartz Rd. Offers legal clarity on issues of discrimination and can support an individual who would like to file a complaint under the Yukon Human Rights Act. Monday to Friday 8:30am to 4:30pm (closed Wed. mornings) www.yhrc.yk.ca
 Toll-free: 1-800-661-0535 or 867-667-6226

### **Community Justice Projects:**

DAWSON CITY: Community Group Conferencing Society
HAINES JUNCTION: Southern Lakes Justice Committee
OLD CROW: Old Crow Justice Committee
ROSS RIVER: Ross River Justice Committee
<b>TESLIN:</b> Peacemaker Diversion Project
WATSON LAKE: Dena Keh Justice Program

### BUS



#### WHITEHORSE TRANSIT

Schedules available online at: www.whitehorse.ca/transit \$2.50 cash fare Monday to Thursday 6:20am to 7:30pm Friday 6:35am to 10:20pm Saturday: 7:00am to 7:50pm ( 867-668-7433

#### HANDY BUS

Safe and secure transportation to persons who, for a variety of reasons, have difficulty using regular transit service. \$2.50 cash fare. Monday to Thursday 6:35am to 7:30pm Friday 6:35am to 10pm Saturday 7am to 7pm **(** 867-668-8394 Please phone ahead to book.

### MAIL



# SHOWERS



**ROBERT SERVICE CAMPGROUND**. . . bottom of Robert Service Way Shower facilities: \$1 for 3 minutes. 7 days a week (Summer Only)

**VICTORIA FAULKNER WOMEN'S CENTRE** . . . . . . 503 Hanson St. Shower and laundry facilities with soap, shampoo, towels and laundry soap provided – pay by donation. Women and small children only please. Monday to Friday, 11am to 3pm **(** 867-667-2693

### **NEAR WHITEHORSE**

**MOUNTAIN RIDGE RV PARK** . . south of Robert Service Way on the Alaska Hwy \$5.00 per shower. 7 days a week, 10am to 6pm **(** 867-667-4202

**TAKHINI GAS STATION** . . junction of Hot Springs Rd. & North Klondike Hwy \$3.50 per shower. Call for summer or winter hours. **(** 867-393-3376



The Yukon Anti-Poverty Coalition facilitates the elimination of poverty in Yukon through awareness, advocacy and action. Our members partner with other community members on issues involving food, shelter and access to services. By working together and building partnerships with individuals, governments, and the private and non profit sector, we can take real action to directly and positively affect the lives of everyone in our community.

Become a member by calling 867 334-9317 or e-mail yukonantipovertycoalition@gmail.com. Visit our website at www.yapc.ca



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